

# Health Campaigns Calendar 2018

www.hi-netgrampian.org

## January

Dry January,  
[www.alcoholconcern.org.uk/dry-january](http://www.alcoholconcern.org.uk/dry-january)

4th January, World Braille day,  
[www.worldblindunion.org](http://www.worldblindunion.org)

14th January, STIQ Awareness Day,  
[www.stiq.co.uk](http://www.stiq.co.uk)

22th-28th January,  
Cervical Cancer Prevention Week,  
[www.jostrust.org.uk](http://www.jostrust.org.uk)

25th January, Young Carers Awareness Day,  
[www.carers.org](http://www.carers.org)

28th January, World Leprosy Day,  
[www.lepra.org.uk](http://www.lepra.org.uk)

31st January, National Bug Busting Day,  
[www.chc.org](http://www.chc.org)

## February

Raynaud's Awareness Month,  
[www.sruk.co.uk](http://www.sruk.co.uk)

National Heart Month,  
[www.bhf.org.uk](http://www.bhf.org.uk)

LGBT History Month,  
[www.lgbthistory.org.uk](http://www.lgbthistory.org.uk)

1st February, Dignity Action Day,  
[www.dignityincares.org.uk](http://www.dignityincares.org.uk)

4th February, World Cancer Day,  
[www.worldcancerday.org](http://www.worldcancerday.org)

5th-11th February, Tinnitus Awareness Week,  
[www.tinnitus.org.uk](http://www.tinnitus.org.uk)

6th February, Safer Internet Day,  
[www.saferinternet.org.uk/safer-internet-day](http://www.saferinternet.org.uk/safer-internet-day)

15th February,  
International Childhood Cancer Day,  
[www.internationalchildhoodcancerday.org](http://www.internationalchildhoodcancerday.org)

26th-4th March,  
Eating Disorders Awareness Week,  
[www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk)

28th February, Rare Disease Day,  
[www.rarediseaseday.org](http://www.rarediseaseday.org)

## March

Marie Curie Cancer Care Great Daffodil  
Appeal Month,  
[www.mariecurie.org.uk](http://www.mariecurie.org.uk)

Ovarian Cancer Awareness Month,  
[www.ovarian.org.uk](http://www.ovarian.org.uk)

1st March, Self Injury/Harm Awareness Day,  
[www.lifesigns.org.uk](http://www.lifesigns.org.uk)

TBC, BLS Lymphoedema Awareness Week,  
[www.thebls.com](http://www.thebls.com)

8th March, World Kidney Day,  
[www.worldkidneyday.org](http://www.worldkidneyday.org)

11th-17th March, World Glaucoma Week,  
[www.wgweek.net](http://www.wgweek.net)

12th-18th March, Brain Awareness Week,  
[www.dana.org/BAW](http://www.dana.org/BAW)

12th-18th March, Nutrition & Hydration Week,  
[www.nutritionandhydrationweek.co.uk](http://www.nutritionandhydrationweek.co.uk)

12th-18th March,  
National Salt Awareness Week,  
[www.actiononsalt.org.uk](http://www.actiononsalt.org.uk)

20th March, World Oral Health Day,  
[www.worldoralhealthday.com](http://www.worldoralhealthday.com)

21st March, International Day of the  
elimination of Racial Discrimination,  
[un.org/en/events/racialdiscriminationday/](http://un.org/en/events/racialdiscriminationday/)

21st March, World Down's Syndrome Day,  
[un.org/en/events/downsyndromeday/](http://un.org/en/events/downsyndromeday/)

24th March, World Tuberculosis Day,  
[www.stoptb.org](http://www.stoptb.org)

26th -2nd April, World Autism Awareness Week,  
[www.autism.org.uk](http://www.autism.org.uk)

## April

Bowel Cancer Awareness Month,  
[www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

IBS Awareness Month,  
[www.aboutibs.org](http://www.aboutibs.org)

Stress Awareness Month,  
[www.nopanic.org.uk](http://www.nopanic.org.uk)

2nd April, World Autism Awareness Day,  
[www.who.int/en](http://www.who.int/en)

7th April, World Health Day,  
[www.who.int/en](http://www.who.int/en)

11th April, Parkinson's Awareness Day,  
[www.parkinsons.org.uk](http://www.parkinsons.org.uk)

17th April, World Haemophilia Day,  
[www.wfh.org/en/whd](http://www.wfh.org/en/whd)

27th April, On Your Feet Britain,  
<https://onyourfeetday.com>

28th April,  
World Day for Health and Safety at Work,  
[www.ilo.org/safework/events/safeday](http://www.ilo.org/safework/events/safeday)

## May

Action on Stroke Month,  
[www.stroke.org.uk](http://www.stroke.org.uk)

National Walking Month,  
[www.livingstreets.org.uk](http://www.livingstreets.org.uk)

1st May, World Asthma Day,  
[www.asthma.org.uk](http://www.asthma.org.uk)

7th-13th May, Sun Awareness Week,  
[www.bad.org.uk](http://www.bad.org.uk)

8th May, World Ovarian Cancer Day,  
[www.ovariacancerday.org](http://www.ovariacancerday.org)

12th May, World Fibromyalgia Day,  
[www.fmauk.org](http://www.fmauk.org)

14th-20th May,  
Mental Health Awareness Week,  
[www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

15th-21st May, National Epilepsy Week,  
[www.epilepsyscotland.org.uk](http://www.epilepsyscotland.org.uk)

15th May-15th June, National Smile Month,  
[www.nationalsmilemonth.org](http://www.nationalsmilemonth.org)

21st-25th May, Walk to School Week,  
[www.livingstreets.org.uk](http://www.livingstreets.org.uk)

21st-27th May, Dementia Awareness Week  
[www.alzheimers.org.uk](http://www.alzheimers.org.uk)

25th May, Don't Fry Day,  
[www.skincancerprevention.org/programs/dont-fry-day](http://www.skincancerprevention.org/programs/dont-fry-day)

28th May, World Hunger Day,  
[www.worldhungerday.org](http://www.worldhungerday.org)

31st May, World No Tobacco Day,  
[www.who.int/topics/tobacco/en/](http://www.who.int/topics/tobacco/en/)

## June

SANDS Awareness Month,  
[www.sands.org.uk](http://www.sands.org.uk)

3th June, National Cancer Survivors Day,  
[www.ncsd.org](http://www.ncsd.org)

4th-10th June, Child Safety Week,  
[www.childsafetyweek.org.uk](http://www.childsafetyweek.org.uk)

10th-17th June, Breathe Easy Week,  
[www.blf.org.uk](http://www.blf.org.uk)

11th-17th June, Carers Week,  
[www.carersweek.org](http://www.carersweek.org)

TBC,  
Cervical Screening Awareness Week,  
[www.jostrust.org.uk](http://www.jostrust.org.uk)

14th June, World Blood Donor Day,  
[www.who.int/en](http://www.who.int/en)

24th-30th June, Deaf Blind Awareness Week,  
[www.sense.org.uk](http://www.sense.org.uk)

26th June, International Day Against Drug  
Abuse and Illicit Trafficking,  
[www.un.org/en/events/drugabuseday](http://www.un.org/en/events/drugabuseday)

## July

2nd-8th July,  
National Metabolic Disease Awareness Week,  
[www.climb.org.uk](http://www.climb.org.uk)

28th July, World Hepatitis Day,  
[www.worldhepatitisday.org/showyourface](http://www.worldhepatitisday.org/showyourface)

## August

1st-7th August, World Breastfeeding Week,  
[www.worldbreastfeedingweek.org](http://www.worldbreastfeedingweek.org)

12th August, International Youth Day,  
[www.un.org/development/desa/youth](http://www.un.org/development/desa/youth)

## September

Childhood Cancer Awareness Month,  
[www.cclg.org.uk/CCAM](http://www.cclg.org.uk/CCAM)

2nd-8th September,  
Migraine Awareness Week,  
[www.migrainetrust.org](http://www.migrainetrust.org)

3rd-9th September, Organ Donation Week,  
[www.organdonation.nhs.uk](http://www.organdonation.nhs.uk)

10th September,  
World Suicide Prevention Day,  
[www.who.int/mental\\_health/en/](http://www.who.int/mental_health/en/)

10th-16th September,  
National Blood Pressure Awareness Week,  
[www.bloodpressureuk.org](http://www.bloodpressureuk.org)

21st September, World Alzheimer's Day,  
[www.alzscot.org](http://www.alzscot.org)

24th-30th September, Sexual Health Week,  
[www.fpa.org.uk](http://www.fpa.org.uk)

25th September, Ataxia Awareness Day,  
[www.ataxia.org.uk](http://www.ataxia.org.uk)

26th September, World Contraception Day,  
[www.your-life.com](http://www.your-life.com)

28th September, World Rabies Day,  
[www.who.int/rabies/en/](http://www.who.int/rabies/en/)

29th September, World Heart Day,  
[www.worldheartday.org](http://www.worldheartday.org)

## October

Breast Cancer Awareness Month,  
[www.breastcancercare.org.uk](http://www.breastcancercare.org.uk)

1st October, International Day of Older Persons,  
<http://www.un.org/en/events/olderpersonsday/>

8th-14th October, National Braille Week,  
[www.royalblind.org](http://www.royalblind.org)

9th-15th October, Babyloss Awareness Week,  
<https://babyloss-awareness.org>

9th-15th October, Dyspraxia Awareness Week,  
[www.dyspraxiafoundation.org.uk](http://www.dyspraxiafoundation.org.uk)

10th October, World Mental Health Day,  
[www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

11th October, World Sight Day,  
[www.iapb.org/home](http://www.iapb.org/home)

12th October, World Arthritis Day,  
[www.worldarthritisday.org](http://www.worldarthritisday.org)

15th October, Global Hand Washing Day,  
[www.globalhandwashing.org](http://www.globalhandwashing.org)

TBC, Wear it Pink (Breast Cancer),  
[www.breastcancernow.org](http://www.breastcancernow.org)

20th October, World Osteoporosis Day,  
[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)

20st-27th October,  
International Brain Tumour Awareness Week,  
[www.theibta.org](http://www.theibta.org)

## November

Mouth Cancer Action Month,  
[www.mouthcancer.org](http://www.mouthcancer.org)

November- Men's Mental Health  
Awareness Month,  
[uk.movember.com](http://uk.movember.com)

Lung Cancer Awareness Month,  
[www.roycastle.org](http://www.roycastle.org)

7th November, National Stress Awareness Day,  
[www.isma.org.uk](http://www.isma.org.uk)

12th November, World Pneumonia Day,  
[www.stoppneumonia.org](http://www.stoppneumonia.org)

13th-19th November, Self Care Week,  
[www.selfcareforum.org](http://www.selfcareforum.org)

14th November, World Diabetes Day,  
[www.idf.org](http://www.idf.org)

15th November, World COPD Awareness Day,  
[www.blf.org.uk](http://www.blf.org.uk)

15th November, World Pancreatic Cancer Day,  
[www.pancreaticcanceraction.org](http://www.pancreaticcanceraction.org)

17th November, World Prematurity Day,  
[www.bliss.org.uk](http://www.bliss.org.uk)

## December

Decembeard (Bowel Cancer),  
[www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

1st December, World Aids Day,  
[www.worldaidsday.org](http://www.worldaidsday.org)

1st-7th December, Anger Awareness Week,  
[www.angermanage.co.uk](http://www.angermanage.co.uk)

3rd December,  
International Day of Persons with Disability,  
[www.idpwd.com.au](http://www.idpwd.com.au)

