Welcome to the Aberdeen City Alcohol and Drugs Partnership (ADP) E-Update:

www.aberdeencityadp.org.uk

ISSUE: DATE: 18th August 2017

* FEATURE * LATEST NEWS * EVENTS * TRAINING * VACANCIES * RESOURCES & PUBLICATIONS *

INTRODUCTION

If you have any items you wish to be included in the E-update please contact us.

Your feedback is also very important - if you wish to make any comments about the E-update please contact us at nhsg.aberdeencityadp@nhs.net. Wherever possible we will incorporate all aspects to enhance the effectiveness of this E-update. Should you wish to be removed from our circulation list please contact us as above.

Aberdeen City ADP on Facebook & Twitter for daily updates and local/national news concerning alcohol & drug related topics

FEATURE

The Aberdeen City Health & Social Care Partnership
A caring partnership

The Aberdeen Integration Joint Board (IJB) has published its Annual Report 2016-17

The 30-page document lays out the achievements and performance of the Aberdeen City Health & Social Care Partnership (ACHSCP) in its first year of operation – and outlines how the Partnership has made strides to meet the nine Scottish health and wellbeing outcomes.

This Partnership’s three-year Strategic Plan was published on 1st April 2016 and the performance report outlines the extent to which the arrangements set out in the plan have contributed in year-one to achieving the nine outcomes.

The report also includes a 2016-17 budget overview, including the total amount and the proportion of spend on the services for which the IJB and the ACHSCP are responsible.

More information on the latest drug-related deaths in Scotland is reported later in this bulletin. International Overdose Awareness Day details can be viewed at: 
https://www.overdoseday.com/
Writefully Making Recovery Happen

Through hopeful and careful planning of our future thoughts on further friendly forms of encouragement

Take some time to explore the magic of ‘writing’ and the way words effect and affect us through the sound and vision of so much more than just our music, poetry and books

Thursday 2.30pm - 4.30pm

At ADA on Hadden Street
MINDFULNESS MONDAYS

Take a break from your desk or from the stress of the day and join us for a calming

Mindfulness Meditation Session

Mindfulness can help you to:

* relax your body and mind.  
* deal with stress

* help with sleeping difficulties
* improve your health and wellbeing

Taught by Ven Sujan, an experienced Buddhist monk from Nepal

Meeting Room 5, Aberdeen Health Village

Monday 31st July
Monday 28th August
Monday 25th No Session - Health Village Closed
Monday 30th October
Monday 27th November

Community (everyone is welcome) at 11 am - 12 pm
Aberdeen City Partnership Staff 12.15 pm - 12:45 pm

Places are limited, so booking is essential!

Please contact graham.fleming@nhs.net
HIGH 5
5 CHALLENGES 1 GOOD CAUSE
IN ASSOCIATION WITH
DRINKLINK

50 PEOPLE
5 EVENTS
WE NEED YOU TO
JOIN OUR CREW.

DRINKLINK

For more information visit
www.mydrinklink.org/gies-a-hand
or email giesahand@drinklink.org

http://www.mydrinklink.org/gies-a-hand/high-5-challenge/
Scotland’s drug strategy is to be “refreshed” as Scotland continues to face significant challenges including rising numbers of drug-related deaths. Work is also being done to look at ways to encourage older people with a drug problem into addiction services.

The moves were announced by Public Health Minister Aileen Campbell at the ‘Drug Policy Through a Health Lens’ conference in Glasgow on the 26th of July and come as a report revealed rising inequality in the 1980s put men from Scotland’s poorer areas who were born between 1960 and 1980 at increased risk of drug overdose deaths.

Public Health Minister Aileen Campbell has asked for those involved in treatment services and the wider field to come forward with their views on how changes can be made to the 2008 Road to Recovery strategy.

Meanwhile, a joint initiative between the Scottish Government and Scottish Drugs Forum will examine ways to help services improve the way they engage with older people with a drug problem, encourage and inspire them to benefit from and maintain their treatment.

The Minister stated that there will be details of a consultation process on the new strategy published in the near future: “In setting out our plans to refresh the existing strategy, I’m encouraging everyone involved in treatment services to think about how they can make changes at a local level.

“There is also a collective need to challenge the stigma of addiction and build services based on respect and dignity as well as clinical need. I look forward to hearing views from across the sector in the coming months as we work together to tackle the evolving and complex needs of those who suffer from problem drug misuse.”

Scottish Drugs Forum recently published two new reports which focus on the challenges faced by older people with a drug problem which can be accessed here.
Worrying rise in alcohol-related deaths

Figures published today by National Records of Scotland show 1,265 people died because of alcohol last year; a 10% increase on the previous year. This is the highest annual total since 2010, and the third largest annual increase in numbers. The 1,265 alcohol-related deaths in 2016 consisted of 867 male deaths and 398 female deaths.

Comment from Alison Douglas, Chief Executive of Alcohol Focus Scotland

"It is tragic that 1,265 men and women in Scotland died because of alcohol last year; a 10% increase on the previous year. Behind these appalling statistics are real people - sons, daughters, husbands, wives, parents, friends and colleagues – who have died too young because of a substance that's cheap, widely available and constantly promoted. Alcohol-related deaths are preventable".

Statistical Release: Alcohol-related deaths 2016
The figures relating to drug-related deaths in Scotland in 2016 have been published this morning (15th August) by the National Records of Scotland.

There was a record high number of 867 fatal drug overdoses in 2016, a 23% rise on the previous record high figure reported last year.

In Scotland, a drug-related death is defined as an overdose death involving controlled substances. These deaths figures do not include those who have died as a consequence of drug use – for example people who have died as a result of consequences of hepatitis C infection or those who have died in drug-related circumstances, for example choking on their tongue or positional asphyxia.
Within the figures there are trends which are particularly concerning:

- In recent years the number of fatal overdose deaths in the under thirty fives has remained stable – 2016 saw a significant rise up from 193 in 2015 to 241.

- **The biggest increase in overdose deaths has been seen in the 35-44 age group**, increasing from 249 to 327. This suggests an increasing vulnerability in this group.

- Scotland’s drug-death rate (relative to the number of people aged 15 to 64) is higher than those reported for all the EU countries (though there are issues of coding, coverage and under-reporting in some countries), and Scotland’s drug-death rate (per head of population) is roughly two and half times that of the UK as a whole.

Scotland now faces a situation where the majority of those seeking help for a drug problem will be older (aged 35 plus) and will be more vulnerable due to multiple health issues. The figures released today show that 626 of the total 867 deaths were people over the age of 35. Scottish Drugs Forum recently published research which showed that this most vulnerable group are not held well in services at present.

In July, the Scottish Government announced The Road To Recovery, Scotland’s drug strategy, is to be refreshed. This should provide an opportunity to revaluate the current path of increasing drug-related deaths and explore new approaches such as adapting services to be better equipped to cope with increasing numbers of older people with a drug problem, alongside well-evidenced internationally, but new for Scotland, initiatives such as drug consumption rooms and heroin-assisted treatment.

[Click here to view the ‘Drug-related deaths in Scotland in 2016’ report](#)
Are you interested in home-based volunteering?

We need your help to run our confidential helpline!

Can you volunteer for a minimum of 3 hours per week answering calls and webchats in your own home?

You will need a telephone line, computer, internet connection and excellent spoken and written English.

Full training is given

Please email for more information

helpline@sfad.org.uk

www.sfad.org.uk
Recovery Walk Scotland 2017 is taking place in Dundee on Saturday 30th September 2017.

The theme this year is “Love Makes You Family”
Everyone is welcome; people in recovery, friends, families, treatment providers, supporters and next-door neighbours. The Walk and Recovery Festival is an opportunity for everyone to feel and see the benefits that recovery from addiction brings to Scotland.
Registrations for this free event are open now!

Please note - many aspects of the Walk are still to be confirmed.
There is a Downloads section here with everything you might need to know.

THE EVENT COMES IN THREE PARTS

ROSES IN THE RIVER TAY

We remember those we have lost to addictions in the last year, by speaking their names and placing roses on the river in their memory. 11am Assembly point TBC

THE RECOVERY WALK PROCESSION

We process musically and joyfully through the city centre of Dundee, making recovery visible, sharing the recovery love with the citizens of Dundee. 12noon TBC and final route TBC

THE RECOVERY VILLAGE AND FESTIVAL

On Magdalen Green we will be hearing some inspiring sounds on the main stage from musicians and speakers.

On the green a recovery tented recovery village will make its contribution to the festivities. Children’s activities and play area will make this a family friendly event. 12.30pm-4.30pm TBC

The theme of the Festival and Walk this year is "Love Makes You Family". Inspired by stories of family recovery, our Festival main stage recovery shares will be on this theme. They will be given by people in long term recovery.

It’s All Relative – Scottish Families Conference

Scottish Families Affected by Alcohol and Drugs

Saturday 4 November – Sunday 5 November 2017
Stirling Court Hotel

There are many individuals across Scotland who have been impacted by someone’s alcohol or drug misuse. Many family members and friends often don’t seek support for themselves. Services supporting alcohol and drug misuse are not always family inclusive, and the vital support that families offer and the importance of their input in recovery can be overlooked. This conference will put the experiences and views of families centre stage. This is an event for family members and professionals working with families. Everyone is welcome to attend.

Please note there are bursary places available (including overnight accommodation and travel costs) for family members who wish to attend.

Register your interest now and be kept up to date with news, updates and information on how to book your place.

Please contact info@sfad.org.uk or call 0141 221 0544 to register your interest.
Our next FREE movie showing will be ‘Her’, on the 28th August, 5pm to 8pm in room N242 of the Sir Ian Wood Building at RGU, Garthdee Campus. As ever, staff, students and the general public are all welcome. This showing is a PG and will be suitable for most children. There is free parking from 4pm, with First Bus Service numbers 1 and 2 stopping directly outside, and the film will start at 5.30. Refreshments will be free of charge and available throughout, and facilitated discussion around mental health will follow.

17:00: Doors open with tea, coffee, juice and water available
17.30: Papa John’s Pizza provided
17:45: Film begins
Film end: Facilitated discussion

A description of the film can be found here:
http://www.imdb.com/title/tt1798709/?ref_=nv_sr_2

Many thanks

Dan Warrender and Scott Macpherson
Lecturers in Mental Health

Find out more about Mental Health Movie Monthly
SHAAP/SARN 'ALCOHOL OCCASIONAL' LUNCHTIME SEMINARS 2017-2018
CALL FOR PROPOSALS: 'ALCOHOL AND SOCIAL JUSTICE'

Scottish Health Action on Alcohol Problems (SHAAP) and the Scottish Alcohol Research Network (SARN) are proud to support the free lunchtime ‘Alcohol Occasional’ seminars which showcase new and innovative research on alcohol use.

All of the seminars are run in conjunction with and held at the Royal College of Physicians of Edinburgh. These events provide the chance for researchers, practitioners and policy makers and members of the public to hear about alcohol-related topics and discuss and debate implications for policy and practice. After each seminar, SHAAP and SARN publish a summary of the discussions so that they are shared with a wide audience.

We are now seeking proposals to deliver seminar presentations during 2017/2018, with a focus specifically on Alcohol and Social Justice. We are interested to hear from researchers from any discipline who wish to share their findings with an audience made up of fellow researchers, practitioners, policy makers and the general public. We would particularly welcome presentations from new and early career researchers.

The dates for the 2017/2018 seminars are (all Mondays):

- 6th November 2017;
- 4th December;
- 29th January 2018;
- 12th March; and
- 23rd April 2018

If you are interested in presenting your research, please get in touch with Felicity Garvie at shaap@rcpe.ac.uk with a short proposal (max. 300 words) and an indication of your availability.

Closing date for submissions: Monday 28th August 2017.
Aberdeen City ADP
2 x 1 Day Courses
Older and Wiser? - Working with people who use substances as they age
Dates: 22 and 23 August 2017 - 9.30am – 4.30pm.
Venue: Woodend Hospital, Aberdeen.
Learning Outcomes
By the end of the session participants will be able to:
- Identify the physical, mental and social issues experienced by older people with drug problems.
- Describe current trends and common patterns of use among older people with drug problems including poly substance use.
- Recall the impact of problem substance use and the process of aging and the implications for individuals and services.
- Identify barriers to access and appropriate treatment pathways for older people with drug problems.
- Challenge stigmatising attitudes and practices that affect older people with drug problems.
- Identify effective techniques to engage older people with drug problems in services.
- Create an effective support and risk management plan.

These courses are open to the workforce across Aberdeen.
To book your place and view full course descriptors, please visit: www.sdfworkforcedevelopment.org.uk
Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.
Scottish Drugs Forum Charity No. SC008075.
Aberdeen City ADP

2 Day Course

Children and Families Affected by Parental Substance Misuse

Aim
This two day opportunity seeks to develop the knowledge and skills of workers in contact with children and families affected by problem drug and alcohol misuse. This includes health visitors, teachers, substance misuse workers and social workers, including criminal justice workers.

Overview
This learning and development event is designed to give participants the opportunity to build upon and share their knowledge of the impact of substance misuse on parenting capacity and child development. The importance of sharing information will be a key focus along with the opportunity to reflect on practical ways of improving practice. Participants will also be given the opportunity to hear the voices and words of affected children.

Learning Outcomes
By the end of the course, participants will be able to:
- Reflect on personal and professional values and how this may impact on practice
- Understand the importance of appropriate information sharing at an intra- and inter-agency level
- Utilise the Child’s Change Cycle tool and understand how it relates to the Trans-theoretical Model of Change for adults.
- Identify protective factors which promote resilience in adverse circumstances.
- Recognise the potential and actual impact of parental substance misuse on children.

Dates: 14 and 15 September 2017 - 9.30am - 4.30pm.
Venue: Woodend Hospital, Aberdeen.

These courses are open to the workforce across Aberdeen.
To book your place and view full course descriptors, please visit: www.sdfworkforcedevelopment.org.uk

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.
Scottish Drugs Forum Charity No. SC008075.
Today we launched the events booking page for the Innovate and Improve Programme across the Partnership. People are at the heart of our improvement journey and it is through them that real change is achieved.

The Innovate and Improve Programme is intended to offer an effective platform for staff and communities across the partnership to tackle the challenges ahead by growing capacity for change and improvement.

We also want to extend our thanks to all those involved in the development of the sessions, and the staff across the partnership who have donated their time to run many of the events.

Places for the majority of events can be booked through Eventbrite and detailed information for all the sessions can be found on the Community Planning Aberdeen website.

Please can you circulate this amongst your organisations so as many colleagues get the opportunity to book places on these courses as possible. If there are any questions or issues, please get in touch with us at communityplanning@aberdeencity.gov.uk.
We're excited to announce that the next u.lab 1x course is now open for enrollment. The course begins September 14th, 2017.

Click here to enroll

You'll notice the course is now listed as 13 weeks. That is because we are now providing two weeks to complete each module. In other words, the content of the course remains the same, but the time you have to work through each module has doubled.

Additionally, the live sessions for the 2017 u.lab 1x course will take place on the following dates, each from 10am-11am* Eastern US Time:

1. September 21st
2. October 19th
3. November 9th
4. December 14th

What is u.lab?

u.lab is a global 8 week online course of study and practice offered free of charge by Massachusetts Institute of Technology (MIT) and the Presencing Institute each September. It is based on the Theory U methodology (or u.process), a framework, an approach and set of tools which aim to enhance existing work and to bring new ideas into action by developing people's capacities to make the changes they want to make within their personal lives, organisation or community.

u.lab provides a set of tools which can be used to allow a whole system to be observed, to allow time to be spent sitting with a problem or a challenge without the need to move immediately to a “fix” and to then begin to look for new ways of dealing with issues through co-creation and collaboration. The u.process draws on a number of theoretical standpoints bringing together elements of systems theory, design methods, co-production, asset-based approaches and improvement science. The tools focus on enhancing personal and collective leadership in times of great change and complexity by developing the capacity to listening deeply, discovering ways of having “different” conversations, bringing in voices from the margins and working collaboratively and creatively to enact personal, organisational or community change.

At a high level, the U encompasses three movements: 1) observe, observe, observe, (what’s really going on in the system you’re trying to change) 2) retreat and reflect (on what you’ve observed and felt) and 3) act in an instant (create a small prototype or experiment for change to act on fast feedback).
While all the materials can be accessed online and worked through by individuals on their own, the emphasis in u.lab is on practicing the learning and making a change in the “real world”. As such, u.lab encourages participants to enhance their individual impact by connecting with others and developing relationships and support locally and globally using social media and in-person “coaching circles” and “hubs” (local study and practice groups).

**What is u.lab Scotland?**

Scotland is the first country to develop a network of peer support for u.lab participants at a national level – called **u.lab Scotland** (or **ulabscot**) – and to have its own content included in the u.lab course. u.lab Scotland comprises of additional ways for people to connect and share experiences and learning throughout the year, not just while the course is running.

This includes the use of social media platforms such as a blog, Facebook and Twitter and gathering at events convened either by u.lab participants themselves or by a u.lab Holding Team (a group of participants from the voluntary/third sector, NHS, Scottish Government and private individuals with an intention to support the growth and sustainability of u.lab in Scotland). Anyone with an interest in applying the u.process is welcome as part of u.lab Scotland.

**What is it like to participate in u.lab?**

The u.lab course will be experienced differently by all those taking part in it and there is no “set” way of completing the course. Some participants work their way through the 8 week course as it runs, some take more time to complete it or do it at other times of the year (once registered, the materials remain available online although obviously without the live and interactive options). Some participants join local hubs, some coaching circles, some both and others complete only the online materials.

u.lab is not a “traditional” online course which must be completed by a specific time (unless you have opted to pay for the certificate option) and neither does the work and learning finish when the course content does. Emphasis is on learning by doing, focusing on a question that is of relevance to your life or work. Therefore impact will mean different things to different people and will become tangible at different points for each person.
SCHOOL OF NURSING & MIDWIFERY

Addiction and Substance Misuse in a Range of Contexts

30 credits at SCQF Level 11 (Master’s) (Module Number NUM066)

PRE-REQUISITES

This module is suitable for registered nurses, midwives, health and social care professionals and other individuals who work with communities or with people with addiction and substance misuse issues, their families and/or carers. Normally, applicants are expected to be able to demonstrate degree level study; however, if this is not the case, interested individuals are encouraged to make contact and discuss their circumstances.

START DATE: 26th September 2017
Indicated Contact Days: 2nd October & 6th November 2017
for more information please contact: s.g.macpherson1@rgu.ac.uk

www.facebook.com/nursingandmidwifery
@RGUNursing
AIM OF MODULE
To provide a stimulating learning opportunity for individuals in the field of addiction and substance misuse who wish to advance their knowledge and skills and enhance the effectiveness of their work. The module will facilitate students from different backgrounds to explore differing perspectives and approaches within the field and to critically evaluate practices in their own area. Within their own context students will be challenged to demonstrate innovation in collaborative approaches to the care, treatment and/or support of people with addictions or substance misuse issues, their families and/or carers.

MODULE CONTENT
Students will study:
• Contemporary perspectives, policy, legislation and care, support and treatment models relating to addiction and substance misuse.
• Cultures and practices that impact on the experiences and outcomes of people with addiction or substance misuse issues and their families and/or carers.
• The evidence-base and applicability of a range of assessment methods and interventions.
• The efficacy of strategies for addressing professional, ethical and legal challenges.
• Innovative inter-professional or interagency approaches and application to practice.

MODE OF DELIVERY
The module is delivered using a blend of face to face (2 single study days) and online methods (including online chat, virtual classroom and discussion forums). Students will engage with directed and self-directed learning activities supported by the module team.

MODE OF ASSESSMENT
The mode of assessment is a written assignment that will demonstrate achievement of the module learning outcomes.

KEY DETAILS

STUDY OPTIONS
Online Learning

MODULE DURATION
1 semester

FUNDING
http://www.rgu.ac.uk/finance-and-scholarships

COMPLETION
On successful completion, credits can be used within; the Professional Studies Framework to gain academic award:
http://www.rgu.ac.uk/professionalstudiesframework
or MSc Advancing Nursing Practice
http://www.rgu.ac.uk/cpd

FOR MORE INFORMATION CONTACT
nursingcpd@rgu.ac.uk
The Dynamics of Domestic Abuse

When: 29 Aug 2017
10:00am - 4:00pm

Where: Health and Social Care building,
Room H508,
Robert Gordon University,
Garthdee Road,
Aberdeen

Cost: £50.00 per person

This evidence-based session is aimed at frontline staff who work directly with women, children and young people and who recognise that an understanding of the dynamics of domestic abuse will help them in their work. The session draws on up-to-date research and theorising about the issue. Participants need no prior learning or experience of domestic abuse related issues. By the end of the session delegates will be able to:

- Reframe domestic abuse as a course of coercive and controlling conduct which produces compliance in the victimised partner through fear and the creation of a sense of entrapment
- Appreciate the impact of domestic abuse on those who experience it and how it affects their behaviour and choices.
- Understand the main issues of providing a sensitive and appropriate service to women, children and young people experiencing domestic abuse

Grampian Child Bereavement Network

CO-ORDINATOR
21.75 hrs per week based in Aberdeen
Salary Scale MHA 29 – 31
£24,146 - £25,697 (Pro Rata)

We require a part-time Co-ordinator to facilitate delivery and volunteer development of a bereavement support service to children, young people and families.
PVG registration is a requirement for this post

If interested contact Bea on
Tel: 01224 590510

Closing date for applications: 12 noon, Thursday 31 August.

www.gcbn.org.uk
GCBN supported by Mental Health Aberdeen and the Archie Foundation
Preventing drug related deaths

Drug-related deaths are rising and are a major concern to councils and our health partners. Deaths have increased sharply over the past five years and are now at their highest levels since records began.

This publication is primarily for people who work with people who use Pregabalin that is not prescribed to them. However it may also be useful to people who overuse their prescribed amount, people who take Pregabalin that isn’t prescribed for them or for people who care about a Pregabalin user.

http://www.publichealth.hscni.net/sites/default/files/Pregabalin%20Guidance%20Booklet%20A4%20Final%20Web_0.pdf

There is growing concern in the UK about the presence of fentanyl, a powerful opioid drug, in samples of heroin and linked to a number of overdose deaths. See the Fentanyl DrugWatch briefing below for detailed information from DrugWatch, an online network of drug experts to which DrugWise belongs.

http://www.thedrugswheel.com/resources/Fentanyl_Infosheet_DrugWatch1_0_1.pdf
EMCDDA assessment of drug-induced death data and contextual information in selected countries

EMCDDA, Lisbon, June 2017
Series type: Technical reports

Summary

This report examines the triggers and dynamics of drug-related death in the seven EMCDDA Member States with the highest drug-related death (DRD) rates per population. The report explores whether between-country variations might be explained in part by differences in the number of drug users at risk of DRD, and by differences in the level of DRD risk among those who are at risk. The analysis is based on a series of multi-indicator country profiles developed in consultation with the national experts. Several recommendations emerge, designed to help place the DRD data within the proper context.

Also on this page can be found three related reports on coding, focusing on codification practices and data flow between the different mortality registries. It highlights the complexity and differences of coding practices of the causes of deaths across Europe, including the practices following the World health Organisation (WHO) revision of the ICD-10 (International Statistical Classification of Diseases and Related Health Problems). Recommendations are made to improve the level of accuracy and coverage of reporting on DRD. The reports also review the information flow (i.e. transmission of autopsy and toxicology results) from the forensic registries to the general mortality registries. Both pitfalls and examples of good practices are identified in the reports.


During 2016, 66 new substances were formally notified for the first time in Europe. This brings the total number of substances monitored by the EMCDDA to more than 620 — which is more than twice the total number of substances controlled under the United Nations drug conventions.

While the number of notifications was lower than the previous two years, it was broadly similar to the numbers detected in 2012 and 2013. Importantly, the notifications for 2016 included a large increase in the number of new opioids — with eight of them being fentanils which are highly potent substances that pose a severe risk of fatal poisoning. This year also saw an increase in reports of serious adverse events associated with the use of new substances, such as opioids and synthetic cannabinoids.

In keeping with trends over the last few years, the total number and quantity of new substances seized in Europe in 2015 continued to increase. In addition, of the some 620 substances monitored, 423 were detected across Europe during 2015, giving some insight into just how complex the market has become.

In this episode, Katy MacLeod, SDF’s National Training and Development Officer and lead researcher on the published ‘Understanding the patterns of use, motives and harms of new psychoactive substances (NPS) in Scotland’ talks to Austin Smith, SDF’s Policy and Practice Officer about the report, which was published in December 2016.

The research, undertaken by Scottish Drugs Forum and The University of Glasgow, was the first of its kind in Scotland and aimed to determine use across a range of people including people who inject drugs, mental health service users, vulnerable young people, people affected by homelessness and men who have sex with men.

The report gathered information from people who worked in services and also people who used NPS. Part of this research was undertaken by SDF’s Peer Research Volunteers, people who have had their own history of substance use or who were otherwise peers of the target group.

The research covered motives for using NPS drugs, harms as a result of use, treatment experience, information needs and the impact of the Psychoactive Substances Act’s introduction in June 2016.

https://www.youtube.com/watch?v=jwy4qWcHN-g
NHS Education for Scotland has been commissioned to deliver this project as part of the Scottish Government Survivor Scotland Strategic Outcomes and Priorities 2015-2017. The overarching goal is to support the strategic planning and delivery of training for those who have contact with survivors of trauma across all parts of the Scottish Workforce. Trauma is everyone’s business.

In May 2017 The SG/NES ‘Transforming Psychological Trauma: A Skills and Knowledge Framework for The Scottish Workforce’ was launched. Summary and full document links below:

http://www.nes.scot.nhs.uk/media/3971582/nationaltraumatrainingframework.pdf

http://www.nes.scot.nhs.uk/media/3983113/NationalTraumaTrainingFramework-execsummary-web.pdf
Skills for Health, Health Education England and Skills for Care have announced a new Framework to support person-centred approaches for the health and social care workforce.

This approach, outlined in the Five Year Forward View, puts people, families and communities at the heart of health, care and wellbeing. It encourages people to speak with staff about what is important to them, helping to develop a shared understanding of what matters to them.

The new framework, commissioned by Health Education England, helps workers communicate meaningfully both verbally and non-verbally, tailoring the care and advice they give to suit peoples’ needs. It supports individuals to better manage their own health and wellbeing through bespoke care, planning and support. Where appropriate, the framework encourages shared decision making, outlining all reasonable options and ensuring that all information is personalised, accessible and useful.

[Photo of a diagram about person-centred approaches]

http://www.skillsforhealth.org.uk/services/item/575-person-centred-approaches-cstf-download
Alcohol Usage in the UK Armed Forces 1 June 2016 – 31 May 2017

This one-off report provides statistics on a Defence initiative to introduce an alcohol screening tool (the Alcohol Use Disorders Identification Test-Consumption (AUDIT-C)) and brief advice (an Alcohol Brief Intervention) for all UK Armed Forces Personnel attending routine dental inspections from 1 June 2016. This report includes data collected between 1 June 2016 and 31 May 2017.

Key Findings

ALCOHOL USAGE IN THE UK ARMED FORCES
1 June 2016 - 31 May 2017

<table>
<thead>
<tr>
<th>ALCOHOL SCREENING TOOL</th>
<th>RISK CATEGORIES</th>
<th>ALCOHOL ADVICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>74% (n = 109,459) of Regular UK Armed Forces personnel had completed a questionnaire (AUDIT-C). (1% declined)</td>
<td>61% scored 5+ indicating that they may potentially be at increasing risk or above of alcohol related harm (ranging from poor mood, accidents and reduced fitness, to possible long term illness) You would score in this category if you drank: 3 glasses of wine twice a week OR 4 pints of beer on one occasion in the month</td>
<td>80% of personnel who scored 1+ had been given an alcohol advice leaflet</td>
</tr>
<tr>
<td>This is the first large scale use of the AUDIT-C questionnaire in a military population</td>
<td>2% scored 10+ indicating that they may potentially be at increasing or higher risk and should be advised to see their GP You would score in this category if you drank: 3 pints of beer 5 times a week</td>
<td>63% of personnel who scored 5+ had been given advice about reducing their drinking (alcohol brief intervention)</td>
</tr>
</tbody>
</table>


Reported drinking and driving (RAS51)

Reported drink and drive statistics tables, produced by Department for Transport.


The Aberdeen City Alcohol & Drugs Partnership (ADP) is a multi-agency partnership which was formed in 2009 following the publication of the Scottish Government / COSLA document, ‘A Framework For Local Partnerships On Alcohol And Drugs’.