Welcome to this month's Health Improvement alert, compiled by NHS Health Scotland’s Knowledge Services team which highlights recent publications and journal articles in many health improvement topics.

Some of the items highlighted in this digest are available with an ATHENS username and password only. NHS staff and partners can obtain an Athens password by registering with Athens.

https://www.athensregistration.scot.nhs.uk/

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Alcohol

Coulton, S. et al. (2017). Screening for At-Risk Alcohol Consumption in Primary Care: A Randomized Evaluation of Screening Approaches. Alcohol and Alcoholism, 52(3); 312-317. doi: https://doi.org/10.1093/alcalc/agx017

Park, J-E. Ryu, Y. and Cho, S-I.; The Association Between Health Changes and Cessation of Alcohol Consumption. Alcohol and Alcoholism, 52(3); 344-350. doi: https://doi.org/10.1093/alcalc/agw089


Children and young people


Taylor, E. (2017). **Attention deficit hyperactivity disorder: Overdiagnosed or diagnoses missed?** Archives of Disease in Childhood, **102**(4), 376-379. [http://dx.doi.org/10.1136/archdischild-2016-310487](http://dx.doi.org/10.1136/archdischild-2016-310487)

**Disabilities**

Jeng, S-C., et al. (2017). **Exercise training on skill-related physical fitness in adolescents with intellectual disability: A systematic review and meta-analysis.** Disability and Health Journal, 10 (2); 198-206. [https://www-clinicalkey-com.proxy.knowledgeservices.org/#!/content/journal/1-s2.0-S1936657416301789](https://www-clinicalkey-com.proxy.knowledgeservices.org/#!/content/journal/1-s2.0-S1936657416301789)

Lees C, et al. (2017). **Adults with learning disabilities experiences of using community dental services: Service user and carer perspectives.** Br J Learn Disabil., 45; 114–120. doi: [https://doi.org/10.1111/bld.12181](https://doi.org/10.1111/bld.12181)


Turk M.A. and McDermott, S. (2017). **How to address continued health care differences and disparities among people with disability.** Disability and Health Journal, 10(2); 163-164. [https://www-clinicalkey-com.proxy.knowledgeservices.org/#!/content/journal/1-s2.0-S1936657417300043](https://www-clinicalkey-com.proxy.knowledgeservices.org/#!/content/journal/1-s2.0-S1936657417300043)

**Food and nutrition**

Albani, V., et al. (2017). **Fruit and vegetable intake: Change with age across childhood and adolescence.** The British Journal of Nutrition, 117(5); 759-765. Doi: [http://dx.doi.org/10.1017/S0007114517000599](http://dx.doi.org/10.1017/S0007114517000599)


Nathan, N., et al. (2017). *Factors associated with the implementation of a vegetable and fruit program in a population of Australian elementary schools*. Health Education Research, **32**(2), 197-205. Doi: [http://dx.doi.org/10.1093/her/cyx038](http://dx.doi.org/10.1093/her/cyx038)


**Mental health & wellbeing**


**Obesity**


**Older people**


Oral health


Physical activity


**up study.** The Journal of School Health, **87**(4), 236-243.
Doi: [http://dx.doi.org/10.1111/josh.12490](http://dx.doi.org/10.1111/josh.12490)


**Sexual health**

Canvin, M., et al. (2017). *Decline in genital warts diagnoses among young women and young men since the introduction of the bivalent HPV (16/18) vaccination programme in England: An ecological analysis.* Sexually Transmitted Infections, **93**(2), 125-128. Doi: [http://dx.doi.org/10.1136/sextrans-2016-052626](http://dx.doi.org/10.1136/sextrans-2016-052626)


Smoking


Steinberg, M. L., Stahl, N. F., & Williams, J. M. (2017). Household smoking restrictions relate to time to first cigarette smoked in the morning. Journal of Smoking Cessation, 12(1), 1-5. doi: http://dx.doi.org/10.1017/jsc.2015.4
**Substance misuse and addictions**


**Miscellaneous**


**Obtaining full text journal articles**

Please note that the full text of most of these articles can be obtained using an NHS Scotland Athens username and password.

You are eligible for an Athens username and password if you work in Scotland and fall into any of the following categories:

- NHS staff
- Anybody working in partnership with the NHS
You can obtain an Athens username and password by registering on the Knowledge Network website: http://www.knowledge.scot.nhs.uk/login.aspx

NHS staff requiring access to full text articles that are not available via this route should contact the library service in their local NHS Board.

Other subscribers should contact us on the number/email address below for further information on how to obtain full text articles.