Welcome to this month's Health Improvement alert, compiled by NHS Health Scotland’s Knowledge Services team which highlights recent publications and journal articles in many health improvement topics.

Some of the items highlighted in this digest are available with an ATHENS username and password only. NHS staff and partners can obtain an Athens password by registering with the Knowledge Network at www.knowledge.scot.nhs.uk

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**Alcohol**


**Children and young people**


**Disabilities**


Food and nutrition


**Mental health & wellbeing**


**Obesity**


**Older people**

http://dx.doi.org/10.1111/opn.12126


http://dx.doi.org/10.1111/jhn.12394

**Oral health**


**Physical activity**


**Sexual health**


**Smoking**

Bell, R., et al. (2017). Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation. Tobacco control; Published online first: 15 Feb 2017. http://dx.doi.org/10.1136/tobaccocontrol-2016-053476


**Substance misuse and addictions**

Altonji, J.G., Cattan, S. & Ware, I. (2017). *Identifying Sibling Influence on Teenage Substance Use.* Journal of Human Resources; Winter 2017; 51(1); 1-47. DOI: [http://dx.doi.org/10.3368/jhr.52.1.0714-6474R1](http://dx.doi.org/10.3368/jhr.52.1.0714-6474R1)


**Miscellaneous**


**Obtaining full text journal articles**

Please note that the full text of most of these articles can be obtained using an NHS Scotland Athens username and password.

You are eligible for an Athens username and password if you work in Scotland and fall into any of the following categories:

- NHS staff
- Anybody working in partnership with the NHS

You can obtain an Athens username and password by registering on the Knowledge Network website: [http://www.knowledge.scot.nhs.uk/login.aspx](http://www.knowledge.scot.nhs.uk/login.aspx)

NHS staff requiring access to full text articles that are not available via this route should contact the library service in their local NHS Board.

Other subscribers should contact us on the number/email address below for further information on how to obtain full text articles.

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