BODYWORN PADS/WASHABLE PANTS SHOULD NOT BE ISSUED TO PATIENTS WHO WEAR THEIR OWN PRODUCTS FOR REASSURANCE AND ARE NOT INCONTINENT.

DOCUMENTATION
- Adults should be reviewed every 6 months or earlier if clinically indicated
- Ensure documentation complies with the Nursing and Midwifery Council Guidelines for records and record keeping 2009
- Use the appropriate NHS Grampian Guidelines, documentation and Continence Resource Pack
- If a product requires to be issued:
  1) Complete NHS Grampian computer form, send white copy to Inverurie Hospital and keep pink copy in clinical notes for reference
  2) A photocopy of the Continence Assessment Form and Frequency Volume Chart should be sent to Inverurie Hospital
  3) The Continence Service will provide the patient/carer with the necessary information on the Home Delivery Service. If the patient/carer receives products from the community base/hospital, the nurse will inform them of how to obtain further stock
- Green re-assessment forms will be sent to the relevant nurse 6 monthly, please return within one month to ensure supply of products

CHANGE OF CIRCUMSTANCES
- Nurse to notify Inverurie Hospital (Home Delivery Service) of any change of circumstances e.g. death, transfer to Hospital/Care Home
- If a patient is transferred to another area within NHS Grampian or to another Health Board, all relevant information regarding the continence assessment and supplies should be provided to the appropriate staff. One week’s supply of products should be given.

WHEN PRODUCTS ARE ISSUED
- The patient/carer to be involved in the assessment and treatment plan of their provision of product type when this is possible
- New patients must have first orders from the range of bodyworn insert pads
  Start with the lowest absorbency pad
- Following the issue of the appropriate product(s) the assessor will review the patient to ensure that the product is meeting the need of the patient, and to determine the daily usage of the product
- Information on the correct fitting and storage of products will be provided
- If washable products are issued patients/carer should be made aware of the correct laundering of these

Over/
RE-USEABLE (WASHABLE) PANTS INCONTINENCE PRODUCTS

- Re-usable washable pants should be considered for patients with a light/moderate degree of incontinence (who may have been on Mini Extra or Mini Super)
- Patients issued with re-usable washable pants will not normally receive bodyworn insert pads. If the assessing nurse wishes bodyworn product for e.g. night-time use they should contact the Continence Advisory Service
- REMEMBER TO MEASURE HIP SIZE FOR FEMALES AND WAIST SIZE FOR MALE PATIENTS
- Refer to manufacturer instructions for laundering. Facilities should be available to wash and dry these products. Information of washing instructions of these garments should be given (SEE SEPARATE SHEET)
- Absorbency of Washable Pants
  - Female up to approximately 180mls – waist high
  - Female/Male Unisex up to approximately 500mls
  - Male up to 280mls Y front open

- Maximum issue of 6 pairs per year. This should be documented in the patient’s notes
- If patients require in excess of 6 pairs of pants the nurse should contact the Continence Advisor for advice

  washable pants can be obtained by the patient from a mail order catalogue

N.B. -  **Washable pants should not be issued to patients who wear their own products for reassurance, and are not incontinent.**

DISPOSABLE CONTINENCE PRODUCTS – SHAPED PADS (BODYWORN INSERT PADS)

- The absorbency of bodyworn insert pads range from 250-800mls
- The assessment must take into account the maximum bladder capacity of 400-600mls. The normal urinary output per 24 hours is 1500-1800mls (based on intake of fluid)
- From the current stock of approved products a maximum provision of bodyworn insert products is 5 per 24 hours or a maximum pad absorbency level of 3000mls per 24 hours
- Products have anti-leak barriers, a dry fast core for faster absorption, wetness indicator and odour control
- If the patients are not being contained on the maximum absorbency of products issued, the nurses should contact the Continence Advisor providing full assessment details.

CLOSE FITTING UNDERWEAR AND STRETCH PANTS

- Patients need to wear their own close fitting pants for Mini Extra, Comfort Normal, Mini Super products - adhesive strips are available on Mini Extra and Mini Super
- Stretch pants should normally be ordered for Comfort Plus and Comfort Extra. Patients will be issued with 5 pairs of these every 6 months
- Stretch pants, in small, medium and large can be purchased from SCA Tena – 0800 393 431 or www.tenadirect.co.uk

Over/
DISPOSABLE CONTINENCE PRODUCTS - SLIPS

All patients must be assessed using bodyworn products. If insert products do not adequately contain the incontinence, slips should be considered

- The absorbency of slip products range from 600-1000mls. (measure the patient’s waist and hip for appropriate size)
- **Maximum** use of slip products will be 4 per 24 hours, this gives an absorbency ranging from 2000-4000mls per 24 hours
- If a patient is assessed and requires a mixed order of insert pads and slips (e.g. slips for night-time) the maximum order will be 5 items in a 24 hour period
- If the patients are not being contained on the maximum absorbency of products issued, the nurse should contact the Continence Advisor providing full assessment details
- Refer to manufacturers instructions for the correct fitting of tapes and elastication for the legs
- Products have anti-leak barriers, a dry fast core for faster absorption, wetness indicator and odour control

* N.B. - The above patients should not require to be prescribed Disposable Bedpads

**DISPOSABLE CONTINENCE PRODUCTS – PROCEDURE BED PADS**

- Follow NHS Grampian guidelines on the use of procedure bedpads (disposable)
- To be used as protection for procedures e.g. changing catheters, administrating enemas/suppositories
- There is no super absorbent powders to keep the surface dry and will not provide the skin with any protection

**WASHABLE BEDPADS**

- Washable bedpads will be issued to those patients who meet the criteria (see criteria form)
- Referrals should be sent to the Continence Advisor for authorisation

**DISPOSAL OF PRODUCT IN THE COMMUNITY**

- COMMUNITY – double wrap products in newspapers or in plastic bags and place in household waste
- HOSPITAL/CLINICS – dispose of products as per clinical waste guidelines
- SCHOOLS – dispose of products as per local policy

June 2012