Welcome to the 85th edition update. Please participate by providing material for publication and feel free to contact me on felinaemslie@nhs.net Extn 58510 for any interesting articles you wish to be included in this Newsletter.

felinaemslie@nhs.net

The Grampian Human Immunodeficiency Virus (HIV) needs assessment has just been completed. This report outlines several recommendations across the prevention, diagnosis, treatment and care of HIV. In brief the recommendations emphasise: the need to reduce the risk of HIV particularly for those at an increased risk; increasing opportunities for earlier testing in people travelling to countries with high HIV prevalence, who then engage in high risk behaviours, or to those who are newly resident in Grampian from abroad, normalising HIV testing and highlighting the benefits of early testing. Late diagnosis is still a significant issue, therefore, it is imperative that testing remains a priority in the primary care setting. In line with Health Improvement Scotland (HIS) Standards for HIV Services, the recommendations from this needs assessment will be taken forward in 2013/2014 by the HIV working Group, including working towards an Integrated Care Pathway (ICP) for HIV.

The full needs assessment can be accessed from Public Health via lisa.allerton@nhs.net

For further information contact:

Dr Emmanuel Okpo
Consultant in Public Health Medicine
**Healthpoint and Carerspoint at the Health and Care Village**

NHS Grampian is joining forces with Aberdeen City Council and local voluntary organisations to bring **healthpoint/carerspoint** to the Health and Care Village. Located near to the main Reception, NHS Grampian’s **healthpoint** will provide its established services to offer information and support to patients, carers and members of the public to improve their health/ability to self care and self manage long term conditions, signposting to local and national support groups / organisations and much more.

The **carerspoint** has been funded by Aberdeen City Council and will be a host facility for a number of voluntary organisations providing increased support and a central access point for carers. An Implementation Group has been set up with representatives from voluntary organisations, Aberdeen City Council and NHS Grampian. The group aims to maximise use of the **healthpoint/carerspoint** facilities by appropriate voluntary organisations and services, whilst providing the most effective and desirable service for patients and carers. The group is looking at how the space can be used, by whom, how it will be co-ordinated, how it will link with / receive referrals from other services located in the village and how to tell everyone about it!

For more information contact:

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**Health and Wellbeing Young Leaders**

Pupils from across Aberdeenshire met in March to showcase the Health and Wellbeing projects they have led in their schools during 2012-13.

This is the third year of Aberdeenshire Council’s Health and Wellbeing Young Leaders (HWBYL) initiative, delivered in partnership with NHS Grampian. It aims to increase opportunities for young people to develop leadership skills and to impact on their communities through projects that result in improved health.

Pupils from secondary schools in Aberdeenshire have been leading projects developing the health and wellbeing of children, young people and families in their school communities. They have been focusing on a range of projects which cover a variety of topic areas such as mental health, substance misuse, nutrition, physical activity and oral health.

The Health and Wellbeing Young Leaders programme has been aligned with SQA Leadership Award and schools now have the option of delivering it as an accredited course.

The programme will continue next academic year and will commence with a launch event in early summer. Further details can be obtained from:

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<th>Kat Burke</th>
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Staff Changes

A warm welcome to:

- **Penny Gillies**, Health Improvement Practitioner for Sexual Health and Blood Borne Viruses in Health Promotion. Penny was previously school nurse at Alford Academy. Penny can be contacted on penny.gillies@nhs.net and on Extn 58535.
- **Andrea Gilmartin**, Childsmile Researcher, Dental Public Health. Andrea is situated in G78/80, Summerfield House and can be contacted on andrea.gilmartin@nhs.net and on Extn 58522.
- **Nicola Staunton**, PA to Tracey Gervaise in Moray Community Health and Social Care Partnership. Nicola can be contacted on Nicola.staunton@nhs.net and on 01343 (5)67137.

Staff Changes:

- **Kim Fraser**, Regional Programme Manager (Childsmile) and **Elaine Liptrott**, Childsmile Administrator (North Region) both staff from Dental Public Health are now based in G78/80, Summerfield House, as of April 2013. Kim can be contacted on kimfraser@nhs.net and on Extn 58598 and Elaine’s contact details are elaineliptrott@nhs.net and on Extn 58592.

A fond farewell to:

- **Dr Jennifer Hall**, Public Health Lead for Aberdeenshire CHP is taking early retirement on 16th May 2013.
- **Angie McColl** has left her post as PA to Tracey Gervaise to take up a new post in Dr Grays Hospital as of 29th April 2013.