January

Dry January, www.alcoholconcern.org.uk/dry-january
4th January, World Braille day, www.worldblindunion.org
14th January, StIQ Day (StI awareness day), www.stiq.co.uk

February

Raynolds' Awareness Month, www.sruk.co.uk
National Heart Month, www.bhf.org.uk
LGBT History Month, www.lgbthistory.org.uk
6th-12th February, Tinnitus Awareness Week, www.tinnitus.org.uk
7th February, Safer Internet Day, www.saferinternet.org.uk/safer-internet-day
14th February, Think About Sex Day, www.sexualdiviceassociation.co.uk
25th February-5th March, Eating Disorders Awareness Week, www.b-eat.co.uk
28th February, Rare Disease Day, www.eurodis.org/en/content/100-days-rare-disease-day-2017

March

Marie Cure Cancer Care Great Daffodil Appeal Month, www.mariecurie.org.uk
Ovarian Cancer Month, www.ovarian.org.uk
Prostate Cancer Awareness Month, www.prostatecanceruk.org
3rd-12th March, Endometriosis Awareness Week, www.endometriosis-uk.org
6th-11th March, BLS Lymphoedema Awareness Week, www.thebls.com
12th-18th March, World Glaucoma Week, www.wgweek.net
13th-19th March, Brain Awareness Week, www.dana.org/BAW/
13th-19th March, Nutrition and Hydration Week, nutritionandhydrationweek.co.uk/
20th-26th March, National Salt Awareness Week, www.actiononsalt.org.uk
21st March, World Down’s Syndrome Day, worlddowns syndromeday.org/wdsd-2017
24th March, World Tuberculosis Day, www.stoptb.org/events/world_tb_day/April

April

Bowel Cancer Month, www.bowelcancer.org.uk
International IBS Awareness month, www.aboutibs.org
7th April, World health day, www.who.int/campaigns/world-health-day/2017/en/
10-16th April, Parkinson's Awareness Week, www.parkinsons.org
25th April-1st May, MS awareness week, www.mstrust.org.uk
28th April, On Your Feet Britain, www.getbritainstanding.org/May

May

Action on Stroke Month, www.stroke.org.uk
National Walking Month, www.livingstreets.org.uk
2nd May, World Asthma Day, worldasthmaday.org
8th May, World Ovarian Cancer Day, ovariancancerday.org
8th-14th May, Mental Health Awareness Week, www.mentalhealth.org.uk
15th-19th May, Walk to School Week, www.livingstreets.org.uk
15th-21st May, National Epilepsy Week, www.epilepsyscotland.org.uk
15th May-15th June, National Smile Month, www.nationalsmilemonth.org
15th May-15th June, National Child Abuse Awareness Week, www.nationalchildrenscommission.org
16th-22nd May, World Nutrition & Hydration Week, www.worldnutrition.org/

June

SANS Awareness Month, www.uk-sands.org.uk/May
Motor Neurone Disease Awareness Month, www.mndscotland.org.uk
6th-12th June, Child Safety Week, www.childsafetyweek.org
12th-18th June, Careers Week, www.careersweek.org
14th-20th June, Diabetes Week, www.diabetes.org.uk
20th-26th June, National Breastfeeding Awareness Week, www.feedgood.scot/
21st-28th June, National Metabolic Disease Awareness Week, www.cumb.org.uk/
24th-30th June, UK National Child Abuse Awareness Week, www.cancernow.org
30th June, Wrong Trousers Day, www.grandappeal.org.uk/wrong-trousers-day

July


August

1st-7th August, World Breastfeeding Week, waba.org.my/

September

3rd-9th September, Migraine Awareness Week, www.migrainerelief.org
4th-11th September, National Fibromyalgia Awareness Week, www.fmy.org.uk
11th-17th September, National Blood Pressure Awareness Week, www.bloodpressureuk.org/Home

October

Breast Cancer Awareness Month, www.breastcanceruk.org/
9th-16th October, National Arthritis Week, www.arthritisresearchuk.org
9th-15th October, Baby Loss Awareness Week, www.babyloss-awareness.org
10th-16th October, World Mental Health Day, www.mentalhealth.org.uk
17th October, World Mental Health Day, www.mentalhealth.org.uk

November

Mouth Cancer Month, www.mouthcancer.org/
Movember-Mens Mental Health Awareness Month, uk.movember.com/
Lung Cancer Awareness Month, www.roycastle.org
Alcohol Awareness Month, www.alcoholconcern.org.uk
12th November, World Pneumonia Day, stoppneumonia.org/
13th-19th November, Self Care Week, www.selfcareforum.org
15th November, Blue Wednesday (mood cancer), www.mouthcancer.org/

December

1st-7th December, Anger Awareness Week, www.angermanage.co.uk