

PUBLIC HEALTH AND PLANNING UPDATE

ISSUE NO 69 – FEBRUARY '11

Welcome to the February edition of the Newsletter. If you would like to contribute to future editions, please contact:

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CONTENTS:

- ☞ Aberdeen School Achieves Health Promoting School of Excellence Status
- ☞ Condition Management Programme to Close
- ☞ Give Kids a Chance
- ☞ Updated Copy of the Who's Who Guide
- ☞ Staff News

ABERDEEN SCHOOL ACHIEVES HEALTH PROMOTING SCHOOL OF EXCELLENCE STATUS

Tullos Primary School in Aberdeen was awarded Health Promoting School at Excellence level on 28 January 2011. Cllr Howartson, (Chairman of Aberdeen City CHP) and David Leng, Head of Schools and Educational Establishments presented the award.

The award was made by the Pan Grampian Moderation Board, in recognition of the school's efforts to promote positive health and wellbeing to pupils, staff, parents and the wider school community. The school's quality of health promotion activities has been sustained over a number of years.

The concept behind Health Promoting Schools is that health promotion is not only taught within the classroom but is reinforced throughout all aspects of school life and through partnership working with the wider community.

Material for the next PH/Planning Newsletter should be submitted no later than 22 March 2011
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A health promoting school works to provide children and young people with the confidence, skills, knowledge and resilience they will need to make healthier lifestyle choices, cope with challenges and embrace opportunities throughout their lives.

Head teacher of Tullos School, Joss Atkin said "Tullos School is very proud to have gained the excellence level of accreditation as a health promoting school. We have worked hard over the past two to three years to develop strong links with partner agencies to provide knowledge and understanding of all related health and well being issues. We aim to have health and well being reinforced through everything which the school is involved with."

"A particular thanks must go to our health committee led by Mrs Jocelyn Ludwig. They have helped to organise many whole school events and been very enthusiastic in promoting health and wellbeing to pupils, staff and the wider community."

Cllr Bill Howatson, Chairman of Aberdeen City Community Health Partnership, said: "Tullos Primary School is to be congratulated on their achievement in gaining the Health Promoting Schools Excellence award. The award not only reflects the hard work of pupils, but strong commitment from staff, families and the wider community."

"Tullos primary has demonstrated that health and wellbeing is very much part of their everyday practice, as is effective working with partners."

Aberdeen City Council's Convener of Education, Culture and Sport Callum McCaig said: "Well done to school staff, pupils, parents and the wider community for a first class effort in gaining Health Promoting School of Excellence status. Everyone involved should be very proud of their joint achievement."

Airyhall, Milltimber, Danestone, Hazlewood, Manor Park and St Machar Academy have also gained the Health Promoting School of Excellence Award.

The Grampian Health Promoting School Accreditation Scheme has three levels of accreditation: commitment, commended and excellence. To achieve excellence, schools are required to meet the criteria for all three levels and host a visit by representatives of the Pan Grampian Moderation Board.

For more information, please contact:

Anna Gale
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Email: annagale@nhs.net
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CONDITION MANAGEMENT PROGRAMME TO CLOSE

The Condition Management Programme, which is currently provided by the NHS and Jobcentre Plus through the Pathways to Work package, is due to close by the 31 March 2011. Unfortunately, there will be no further funding provided from the Department of Work and Pensions. This is due to changes in the Welfare Reform, Pathways to Work provision and the introduction of the New Work Programme which is expected to be in place next year.

Delivered by experienced NHS practitioners and using a cognitive therapy approach, the successful Condition Management Programme has supported people on health related benefits through tailored programmes enabling them to better understand and manage their condition, with a particular focus on their capacity to work.

Since established across Grampian in April 2007, the programme has supported a significant number of people through the programme with many going on to training, voluntary work, further education and work placements. For many customers, the programme has been life changing and has made a significant difference to their lives.

The programme will continue to be delivered across Grampian until 31 March 2011 with the date for last referrals onto the programme being 14 January 2011.

For further information please contact:

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Give Kids a Chance



Give Kids a Chance has received the grand total of **£8,210.42** as a result of Christmas fundraising events from supporters across Aberdeen. Staff have held raffles, baked cakes, organised quiz sessions and given donations instead of sending Christmas Cards.

We send our special thanks to colleagues at **Denburn Health Centre, Summerfield House, Woodside Medical Group, Links Medical Practice, OT Dept at RACH, Clinical Governance & Risk Management Unit, Aberdeen City School Nurses and Aberdeen Dental Education Centre** for joining with our corporate supporters and making Christmas 2010 such a successful fundraising year for Give Kids a Chance. To view our Christmas Roll of Honour with details of all Christmas supporters please visit our website:

www.nhsgrampian.org/gkac

Give Kids a Chance is a Grampian wide community partnership project providing support to some of the most disadvantaged young people in our area. The project enables young people to take part in social or leisure activities that help build confidence and self esteem by allowing them the opportunity to develop social and practical skills. To view the project's latest Annual Review and Evaluation and Monitoring reports please visit:

<http://www.hi-netgrampian.org/hinet/2792.html>

For more information on Give Kids a Chance please contact:

Heather Wilson
Denburn Health Centre
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Updated Copy of the Who's Who Guide

Details of Public Health & Planning staff and Public Health badged staff within sectors can be accessed through the following link on HI-Net:

<http://www.hi-netgrampian.org/hinet/2928.4.422.html>

Any changes in your details, please contact felinaemslie@nhs.net Extn 58510.



Staff News

Welcome to:

- **Eleanor Bull**, Health Psychology Trainee, who recently joined the Keep Well Programme team. Eleanor's post resulted from a successful bid to NES who joint fund the post along with NHS Grampian. Eleanor will focus and build on the health behaviour change work developed by the previous trainee, Stephan Dombrowski. Eleanor is in Room G54 and can be contacted at eleanor.bull@nhs.net Extn 58483.
- **Lorna Syme**, who covers Lisa Allerton's maternity leave as HEP C/BBV Project Manager in Health Protection as of January 2011. Lorna is in Room G40 and her contact details are lorna.syme@nhs.net Extn 58696.
- **Margo Urquhart**, Programme Administrator for HEP C, BBV and Substance Misuse in Health Protection Team. Margo is in Room G50 with contact details margo.urquhart@nhs.net Extn 58521.
- A warm welcome back to **Cathy Young** who has recently returned to her post as Hepatitis C MCN Manager after maternity leave. Cathy is in Room G40, with contact details cathyyoung@nhs.net Extn 58569.

Staff Changes:

- **Amanda Bowie** left the Condition Management Programme Team in December to move to a new post in NHS Grampian.

Fond Farewell:

- **Faye Leech** resigned from her post as Public Health Co-ordinator, Moray Community Health Social Care Partnership (MCHSCP) on 14 January 2011 to return to England.
- **Kay Duncan**, CMP Administrator – Job Centre Plus, Aberdeen who left in February.
- **Kirstin Rhodes**, Secretary/Administrator to Ray Watkins, who leaves on 11 March 2010.