

PUBLIC HEALTH AND PLANNING UPDATE

ISSUE NO 54 – FEBRUARY '09

Welcome to the February edition of the Newsletter. If you would like to contribute to future editions, please contact:

felinaemslie@nhs.net



HPV – ANTI-CANCER JAB FOR GIRLS IN GRAMPIAN

CONTENTS:

- ☞ HPV – Anti-cancer Jab for Girls in Grampian
- ☞ Kick Butt! Campaign Launched in Lossiemouth
- ☞ Healthpoint at ARI is Visited by Cabinet Secretary
- ☞ Health and Information Resources Service
- ☞ Well North Dufftown Taster Event
- ☞ Staff News



The uptake in the North East to the national HPV (Human Papilloma Virus) immunisation

programme has been very high, and continues to attract support. More than 8,000 girls here are receiving a series of injections, as part of Scotland's first mass anti-cancer vaccination, to help protect them against the two main types of HPV, the primary cause of cervical cancer.

The campaign, which started in September last year, is for all girls aged 12-13 (S2). At the same time, there is a catch-up campaign for girls aged 13-18, over a three-year period, and girls who have left school and will be under 19 on September 1, 2009, are being invited by their GP to receive the vaccine.

The vaccine involves three injections in the upper arm over a six-month period – dose 3 for S2 girls and the S5/S6 catch-up is being delivered in March.

If you know a girl who is eligible but has not started her course of injections, then encourage her to log onto www.fightcervicalcancer.org.uk to find out about arrangements in her area.

Material for the next PH/Planning Newsletter should be submitted no later than 24th March to felinaemslie@nhs.net

HEALTHPOINT AT ARI IS VISITED BY CABINET SECRETARY

During her visit to NHS Grampian on January 12th, Cabinet Secretary, Nicola Sturgeon stopped by the new **healthpoint** based on the ARI concourse where she was greeted by the project team and staff of **healthpoint**.

At **healthpoint** one of our fully trained members of staff spoke to her about the invaluable services which the **healthpoint** provides and the benefits **healthpoint** at ARI will bring to the staff and public at Aberdeen Royal Infirmary.

healthpoint offers free and confidential information and advice on a variety of health related issues including:

- Health conditions
- Practical ways to improve your health
- Support groups and organisations
- How to access NHS services
- Access to free condoms
- Employment within the NHS

Trained staff provide personalised information and advice to support healthcare professionals to support patients to self care – as well as being accessible directly by patients and visitors to Aberdeen Royal Infirmary. Staff can also refer patients and relatives to the **healthpoint** for further support, advice and information.



The first **healthpoint** was opened in Aberdeen's Union Street in 1994, bringing health information and advice to the High Street and was later moved to Aberdeen Indoor Market in 2005 to improve access to our target market. In 1998 a **healthpoint** was opened in Elgin's High Street which is currently relocating to Dr Gray's Hospital Elgin. There is now also a network of unmanned **healthpoints** in various community settings over Grampian, including pilots in Community Pharmacies.

Each month all three manned **healthpoints** support a variety of campaigns which are in line with local and national activities. Throughout these months each **healthpoint** will offer specific information and activities on the topic they are supporting, capturing their target markets through diverse window displays.

The service can also be accessed by calling the free healthline on 0500 20 20 30, by emailing healthpoint@nhs.net or visit www.nhsgrampian.org to find the location of your nearest **healthpoint**.

Debbie Humble
Marketing Assistant
Email: dhumble@nhs.net
Extn: 58744

The Health Information Resources Service (HIRS) is funded by NHS Grampian and is part of the Public Health Directorate. Its remit is to purchase health promotion / health education material and to distribute it on demand to professionals across Grampian. The service is free of charge to end users, and is available to all, not just NHS Grampian employees. The service stocks a large range of leaflets, posters, condoms, and runs a loan library of dvds, educational games, etc. Check out the website: www.nhsghpcat.org

Items can be ordered online, by telephone (01224 558504) or by email: grampian.resources@nhs.net

Drug and alcohol resources

The service stocks a wide range of material on alcohol and illegal drug use from a variety of publishers, including NHS Health Scotland, NHS Grampian, the Scottish Government, Alcohol Focus Scotland, HIT, Lifeline, etc. Loan items include 'drunk and dangerous glasses', 'what's a unit?', 'Drug box', plus many more.

The service also holds displays on the topic of both illegal drugs and alcohol.

New clients must register with the service before using HIRS for the first time; the easiest way is via the website above. If you register online you can indicate your preferred topics (for example illegal drugs and / or alcohol), and when you log in the 'new for you' section will indicate any new material we have acquired in your preferred topics.

All material requested from the service must either be picked up from Summerfield House, 2 Eday Road, Aberdeen or via the **healthpoint** within Aberdeen Indoor Market.

Alternatively we can dispatch material via NHS internal mail to a health centre / hospital of your choice. The exception to this are displays, which will be delivered, assembled, and uplifted by the HIRS.

For more information contact the service:

James Norman
Health Information Resources Co-ordinator
Email: jamesnorman@nhs.net Extn: 58638
grampian.resources@nhs.net

WELL NORTH DUFFTOWN TASTER EVENT

Well North Project will be working with Dufftown Medical Group Practice to deliver Health Checks to identified patients within their practice.

Awareness Raising Event



On Saturday 24th January 2009, an awareness raising event took place in the Memorial Hall, Dufftown. This was a joint event organised by Health Improvement team and REAP.

Information on offer at various stalls included health information advice on sexual health, smoking cessation, nutrition etc. The event was supported by other organisations e.g. Grampian

Fire & Rescue service, Grampian Police, FAST, library and Infection Control. Local activity groups also attended to promote support that can be accessed within the Dufftown area.

The event was officially opened by Richard Lochhead, MSP who afterwards kindly presented the winners of Well North Poster Competition, which the local primary school children took part in. The children played a big part in promoting this event by allowing their posters to be displayed around the town. The winners received vouchers for garden equipment to support them in their school eco project.

Although the event was well attended, it was noted that there was no one from the 16-24 yrs age bracket. Future events will look at how we can engage with this age group. The majority of people who attended expressed a wish for similar events to take place regularly. Also a few individuals were interested in joining the Well North stakeholders group.

Health Needs Assessments: Community Nurses have taken part in training sessions for Warwick Mental Health screening tool and Step Test Training.

Training has also been arranged for Behaviour Change & Health Inequalities and this will be taking place on 2nd & 3rd March. Well North Health Needs Assessments commenced on 28th January.

Helen MacKenzie

Health Communications Officer Spynie Hospital

Email: helen.mackenzie2@nhs.net

Telephone: 01343 567171



Staff News

A warm welcome to:

- **Angie McColl**, Administrator & PA to Tracey Gervaise, Public Health Lead, Moray Community Health and Social Care Partnership, Spynie Hospital. Her contact details are angie.mccoll@moray.gov.uk Extn 67137.
- **Maureen Kendall**, temporary Secretary/Administrator to Susan Webb. Maureen is in Room F131. Her contact details are maureen.kendall@nhs.net Extn 58627.

Staff Changes:

- **Kirstin Rhodes**, no longer provides support to Susan Webb and has moved to Room G24, Extn 58666, where she is Secretary/Administrator to Ray Watkins and Bruce Archibald.

A fond farewell to:

- **Diane McGregor**, Secretary/Administrator in Health Protection team, who retires at the end of February 2009.
- **Susan MacPhee**, Consultant in Public Health Medicine and Head of the Health Care Team, who retires at the end of March 2009.
- **Ethel Hutcheon**, Administration Officer/Receptionist who retires in March 2009.

MOVINGS ONWARDS AND UPWARDS

This month **Trish Morgan**, Project Manager for the Integrated Assessment Framework in Aberdeenshire, is leaving her post to take up a new challenge as Primary Care Contracts Manager for NHS Grampian.

Trish has worked in Children's services in Aberdeenshire for the CHP for 5 years, initially as a member of the integration strategy team, before taking up her current post in 2006. She has made a significant contribution to the development of successful integrated working among children's services staff of all agencies in Aberdeenshire, and although this is still a work in progress, Trish has been instrumental in laying down sound foundations of practice for staff. The work to continue the implementation of this agenda, underpinned by the Scottish Government's "Getting It Right For Every Child", will continue in Aberdeenshire, and we thank Trish for her contribution to date and wish her well in her new role.

Angela McKinnon

Strategic Development Officer, Child Health

Email: angela.mckinnon@nhs.net

Extn: 58436