

LOCAL ALCOHOL SPECIALIST SERVICE INFORMATION IN GRAMPIAN – February 2011

Please send any corrections to grampian.abi@nhs.net
Public Health & Planning Directorate

	SERVICE	CONTACT DETAILS	HOW TO REFER	SERVICES OFFERED
ADULTS				
Abn City	Integrated Alcohol Service (IAS) Bennachie Royal Cornhill Hospital 26 Cornhill Road Aberdeen, AB25 2ZH	Mon-Fri, 9am-5pm	By post/SCI Gateway (planned) GP, CSMS, Social Work, Criminal Justice, Scottish Prison Service, Sexual Health Service.	Assessment, treatment, care-planning and support for alcohol-dependent individuals.
Abn City AbnShire	Fulton Clinic Substance Misuse Service NHS Grampian Royal Cornhill Hospital 26 Cornhill Road Aberdeen, AB25 2ZH	Mon-Fri, 9am-5pm	By post GP	Assessment, treatment, care-planning and support for general alcohol problems including dependency and dual diagnoses.
Abn City	Addaction 2 nd Floor 480 Union street Aberdeen, AB10 1TS	Free phone 0800 0354 346 01224 218120 01224 62187 (fax) aberdeen@addaction.org.uk Mon-Fri, 9am-5pm	By phone Self, partner agencies and services	One to one counselling, direct access and outreach, links to health services for care planning and rehabilitation support, aftercare and support groups.
Abn City	Alcohol Support Ltd Albyn House 76-78 Dee Street Aberdeen, AB11 6DS	01224 595981 brenda.irvine@alcoholsupport.co.uk 24hrs	Via Police	Designated place provided for drunk and incapable drinkers (not rehab).
Abn City	Alcohol Support Ltd Gordon Street House Gordon Street Aberdeen, AB11 6DS (postal address: Dee St, above)	Alayne Jones Counselling Services Manager 01224-573887 counselling@alcoholsupport.co.uk Mon-Thurs, 9am-8pm Fri 9am-4pm; Sat 9am-12pm	By phone/post/email Self, GP, Social Work, other healthcare and allied professionals, other organisations.	Self-referred therapeutic counselling for alcohol problems or people affected by this. Child and Family Service (aged 7-17). Employment Service. Court Service (people on probation or looking for deferment).
Abn City	Aberdeen ARBD Supported Living Service 'Penumbra' 20 Back Wynd Aberdeen, AB10 1JP	Blair Anderson Development Officer 01224 642854 07717 451865 Blair.anderson@penumbra.org.uk	By phone/post/email Self, carer or family, Social Work.	Personal Planning, support with daily living skills, health issues, social activities, education, employment and social network enabling individuals with alcohol-related brain damage (ARBD).
Abnshire	Aberdeenshire Community Substance Misuse Service Aberdeenshire Council 67 Market Place Inverurie, Aberdeenshire AB51 3PY	01467 625567 Mon-Fri, 9am-5pm	By phone/post Self, GP	Assessment, treatment, care-planning and support for general alcohol problems including dependency. South and Central Aberdeenshire referrals.

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Abnshire	Community Alcohol Service Aberdeenshire (CASA) Fraserburgh Business Centre South Harbour Road Fraserburgh, AB43 9TN	Helpline 0845 4752272 info@casaaberdeenshire.co.uk Mon-Fri, 9am-5pm	By phone/email Self, GP, IAS, CSMS, other organisations or professionals.	For anyone in Aberdeenshire concerned about their own or some else's alcohol use; also provides a buddy support service.
Abnshire	SMART Recovery Aberdeenshire ADP, Housing/SW Woodhill House Westburn Road Aberdeen, AB16 5GB	Elaine Lawson Alcohol/Drug Development Officer 01224 665176 elaine.lawson@aberdeenshire.gov.uk Various meeting times	By phone/email Self, CSMS, drop-in	Peer-support and informal CBT groups for people in recovery from alcohol and/or drug dependency. Meetings currently in Peterhead, Fraserburgh, Huntly, Aboyne and Stonehaven. Support to start new groups available.
Abnshire	Turning Point Scotland Northern Horizons 9 St Peter Street Peterhead	01779 470409	By post/phone/drop in Self, GP, Criminal Justice	Service offers one-to-one support and alcohol counselling.
Abnshire	Kessock Clinic Substance Misuse Service NHS Grampian Kessock Road Fraserburgh, AB43 8UE	01346 585160 (not for patient use) Mon-Fri, 9am-5pm	By post/fax GP, Social Work and Criminal Justice via CSMS, Scottish Prison Service, Turning Point Scotland	Assessment, treatment, care-planning and support for general alcohol problems including dependency.
Moray	Access Point 73 high Street Elgin, IV30 1EE	01343-543792 Studio08@Turningpointscotland.com Mon-Fri	By phone/email/post Self, GP, A&E, SPS, other organisation, any professional.	Clients will receive an assessment within 72 hours and then be provided with an onward referral to the treatment service that meets their needs.
Moray	Moray Integrated Drug and Alcohol Services 252 High Street Elgin, IV30 1BE	01343 552211 Mon-Fri, 9am-5pm	All assessments will be conducted at the Access Point, Elgin and clients will be offered this service if it is what is needed.	Integrated Service providing advice, support, substitute prescribing, home detox and residential detox.
Moray	Studio 8 Direct Access Service 73 High St Elgin, IV30 1EE	01343 543792 Studio08@turningpointscotland.com Mon-Fri, office hours	All assessments will be conducted at the Access Point, Elgin and clients will be offered this service if it is what is needed.	Information, support and guidance for alcohol and drug misuse, drop in, one-one sessions, group work, helpline, arrest referral and email support.
Moray	Moray Council on Addiction 252 High Street Elgin, Moray, IV30 1BE	Louise, admin 01343 552211 mca@moray.gov.uk Mon-Fri, 9am-5pm Various activities other times	All assessments will be conducted at the Access Point, Elgin and clients will be offered this service if it is what is needed.	Ongoing support for hazardous, harmful and dependent drinking leading to social/personal/legal etc problems. Open to family, friends, care-givers.
All	Alcoholics Anonymous General Service Office PO Box 1 10 Toft Green York, YO1 7NJ	24 hour Helpline 0845 769 7555	By phone Self, GP	Peer-support for recovery from alcohol dependency, various meeting times/locations across Grampian.

All	The Alexander Clinic King Street Oldmeldrum, Aberdeenshire AB51 0EQ	01651 872100 enquiries@alexanderclinic.co.uk 24hrs	By phone/email/post GP, via IAS/Fulton Clinic (i.e. indirect), CSMS, Social Work, self. Funding dependent on referral pathway.	Residential detox/treatment for drug and/or alcohol dependency, includes non-residential aftercare and counselling. In exceptional cases, can be accessed through day patient visits.
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FAMILY SUPPORT AND YOUNG PEOPLE				
Abn City	Foyer Health, Aberdeen Foyer 18 Marywell Street Aberdeen, AB11 6JF	Lisa Duthie, Health Team Manager 01224 252366 lisad@aberdeenfoyer.com Mon-Fri, 9am-5pm	By email/phone/post Self, GP (via IAS), CSMS, Social Work, Housing, referral form under revision	Support for young people (aged 16-25) facing homelessness or unemployment and experiencing problems as a result of hazardous or harmful drinking (also mental/sexual health issues).
Abn City AbnShire	Aberdeen Foyer Sorted Alcohol Services and “Sorted not Screwed up” Fraserburgh, Peterhead	Jennifer Upson Tel: 01224 252896 jenniferu@aberdeenfoyer.com	By email/phone/post Self referral, GP, social work, housing.	Person Centred counselling service for those experiencing problems as a result of alcohol.
Abn City AbnShire	Aberdeen Foyer Foyer Housing Marywell Centre Marywell Street Aberdeen, AB11 6JF	reception@aberdeenfoyer.com 01224-212924 Mon-Fri 9-5	Access via Homeless Departments of Aberdeen City and Aberdeenshire Councils.	Supported accommodation for young people (16- 25) who are homeless or at risk of homelessness. Services in Aberdeen, Peterhead, Fraserburgh, Stonehaven, Banchory.
Abn City AbnShire	Aberdeen Foyer Foyer Learning, Lifeshapers programme	Marywell Centre Reception 01224 212924 Lifeshapers Co-ordinator – Libby Milne 01224 252360; 07980076468 elizabethm@aberdeenfoyer.com	By phone Self Referral, Support Worker	12 week community rehabilitation programme for those with a history of alcohol or drug misuse.
Abn City	Family Information Services Aberdeen City Council Aberdeen	Helpline 01224 443344 Text Service 0782 5053136 fis@aberdeen.gov.uk Mon-Fri, 10am-4pm	By phone/text/email Self, GP, Social Work, Housing	Free information and advice about all services for children (aged 0-18 years) , including as a result of alcohol problems.
Abn City	Barnardos - The Source 20 CArden place Abdreen AB10 1UQ	01224 624090 01224 624085 (fax) maureen.low@barnardos.org.uk Mon-Fri, 9am-5pm (flexible)	By phone/fax/email/post Self, GP, other professional, other organisation.	Service for any young person involved in or at risk of offending behaviour through substance misuse problems.
Abnshire	Compass (Drugs Action) (primarily Aberdeenshire Service) 7 Hadden Street Aberdeen, AB11 6NU	Helpline 0845 4752272 info@compassaberdeenshire.co.uk Mon-Fri, 9am-5pm	By phone/email Self, family member, GP, IAS, CSMS, youth workers, school nurses, other organisations or professionals.	Specialist service for children and young people affected by parental alcohol and other drug use in Aberdeenshire.

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Abnshire	Children 1st Aberdeenshire Family Group Conference Service 15 Frithside Street Fraserburgh, AB43 9AR	01346 512733 martina.hickey-laing@children1st.org.uk Mon-Fri, 9am-5pm	By phone (preferred)/email Self, family member, GP, Social Work, CSMS. Referral from and guidance available from service.	Support for families experiencing relationship problems as a result of alcohol and/or other drugs misuse.
Abnshire	Barnados Gemini Project 31 High Street Inverurie, Aberdeenshire AB51 3QA	01467 624334 01467 621051 (fax) bayi@barnados.org.uk Mon-Fri, 9am-5pm	By phone/email/post Self, family member, GP, CSMS, Social Work. Referral form available from service.	Working together with young people (aged 12-18) who want to cut down or stop using drugs/alcohol. NB- young person must be informed of referral
Abn City S Abnshire	Youth Mentoring Project Befriend a Child 9 Bon Accord Square Aberdeen, AB11 6DJ	01224 210060 Mon-Fri 9-5 info@befriendachild.org.uk www.befriendachild.org.uk	By email/post/phone GP, Council, Professional referrals only	Recruit volunteers to befriending and mentor young people 8-16 whose lives have been affected by parental alcohol or other drug use. Building confidence and self esteem in young people to participate in mainstream activities and social opportunities with peers.
Moray	Children 1st Stronger Safer Families for Women Highfield House Annexe Northfield Terrace Elgin, Moray, IV30 1NE	01343 564170 moray@children1st.org.uk Mon-Fri, 9am-5pm	By phone/email/post Self, parent, carer, GP any professional or organisation.	Services for women experiencing domestic abuse, including as a result of alcohol and other drugs misuse.
Moray	Stronger Safer Families for Children and Young People Highfield House Annexe Northfield Terrace Elgin, Moray, IV30 1NE	01343 564170 moray@children1st.org.uk Mon-Fri, 9am-5pm	By phone/email/post Self, parent, carer, GP any professional or organisation.	Services for young people and children (up to 18 years) experiencing domestic abuse, including as a result of alcohol and other drugs misuse.
Moray	Young Persons Addiction Counselling (YPAC) The Loft Youth Project 86a Mid Street Keith, Moray, AB55 5AF	Robert Bruce 01542 886630 yppcp-loft@copperstream.co.uk Mon-Fri, 9am-5pm various activities at other times	By phone/email Self, GP, other health professionals and organisations	Support for children and/or young adults experiencing problems as a result of hazardous or harmful drinking.
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OTHER RELATED				
Abn City	Mental Health Aberdeen (MHA) 1 Alford Place Aberdeen, AB10 1YD	01224 573892 Mon-Thurs, 9am-8.30pm Fri, 9am-8.30pm	By phone Self, GP, other healthcare professionals and organisations	Support and information/education for people experiencing mental health issues, including dual-diagnosis substance misuse.

Abshire	Pillar Kincardine 42-46 Barclay Street Stonehaven, Aberdeenshire AB39 2AX	01569 767222 pillarkincardine@classmail.co.uk Office hours vary messages can be left various activities/locations in Kincardine, Mearns	By phone, drop-in, referral form Self, GP, CMHT, other health professionals and organisations	Support, activities and information/education for people experiencing mental health issues, including dual-diagnosis substance misuse.
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All	Terrence Higgins Trust (THT) 246 George Street Aberdeen, AB25 1HN	0845 241 2151 info.aberdeen@tht.org.uk Mon-Fri, 9am-5pm.	By phone Self, drop-in, GP	LGBT-specific services for people of all sexualities; sexual health, substance misuse support. Various activities/groups throughout Grampian.
All	Teen Challenge Sunnybrae, Woodhead Fyvie, Turriff, Aberdeenshire AB53 8LS	Gordon Cruden, Joyce Allen 01651 891627 info@tcns.org.uk Mon-Fri, 9am-5pm	By phone/email/post Self, GP, others. Referral forms available from website www.teenchallenge.org.uk	Residential 1-year abstinence programme, young men (aged 18-35) with substance dependency (without mental health issues requiring anti-psychotics). Christian organisation/principles.
All	Teen Challenge Benaiah Mintlaw, Aberdeenshire AB42 5DL	Monica Jack, Lindsay Duthie 01771 620100 beniah@tcns.org.uk Mon-Fri, 9am-5pm	By phone/email/post Self, GP, others. Referral forms available from website www.teenchallenge.org.uk	Residential 1-year abstinence programme, young women (aged 18-35) with substance dependency (without mental health issues requiring anti-psychotics). Christian organisation/principles.