

# PUBLIC HEALTH AND PLANNING UPDATE

ISSUE NO 61- FEBRUARY 2010

Welcome to the February edition of the Newsletter. If you would like to contribute to future editions, please contact:

[felinaemslie@nhs.net](mailto:felinaemslie@nhs.net)



## CONTENTS:

- ☞ Improving Health and Reducing Inequalities in Aberdeenshire – Sustaining the Community-led Approach
- ☞ **grampian public health information sessions**
- ☞ *New healthpoint* in Aberdeenshire
- ☞ Local Community Planning in Aberdeenshire
- ☞ Give Kids a Chance
- ☞ See Me . . . . Photography Competition/Aberdeen City Alcohol & Drug Partnership websites
- ☞ Staff News

**Material for the next PH/Planning Newsletter should be submitted no later than 23<sup>rd</sup> March 2010 to**  
[felinaemslie@nhs.net](mailto:felinaemslie@nhs.net)

## IMPROVING HEALTH AND REDUCING HEALTH INEQUALITIES IN ABERDEENSHIRE – SUSTAINING THE COMMUNITY-LED APPROACH

Tackling health inequality is a key action of *Better Health, Better Care* (Scottish Government, 2007). The NHS workforce is recognised as key to addressing this challenge, together with community-led health approaches.

In spring 2009, the Aberdeenshire Community Health Partnership Public Health Team, with support from the Scottish Community Development Centre (SCDC), held workshops across Aberdeenshire with partner agency key managers and local community representatives. The workshops aimed to create a better understanding and support of the community-led approach to improve health and reduce health inequalities as well as to improve collaborative working to sustain this approach at local level.

The workshops highlighted that community-led health is, reassuringly, already part of many partners' way of working. But this appeared to be a particular challenge for NHS Grampian where structures do not necessarily fit with the community-led health methodology.

The next stage of this work will focus on piloting a programme of community-led health training aimed at key NHS Grampian staff to increase their confidence, skills and knowledge. This will involve SCDC

developing and delivering the training, with three NHS community teams. It will adopt an 'action learning approach' to enhance integration of community-led health into ways of working.

**Susan Forbes**

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grampian public health  
information sessions

## Understanding Health and Social Enterprise A Health Impact Assessment Toolkit

25th February 2010

Conference Room, Summerfield House

12.30pm

(A sandwich & fruit lunch will be provided from 12.00pm)

An outcome of the joint working of the Scottish Forum for Public Health (SFPH) and the Social Entrepreneurs Network for Scotland (Senscot) has been the production of a toolkit for social enterprises. This toolkit is designed to help social enterprises explore their understanding of health, how to improve health, and to judge how their organisation could impact on the factors and experiences that promote health.

John Boswell, FPH, Convenor of the SFPH, will provide a workshop on this toolkit, exploring its purpose and implementation as a proactive tool for Improving Health.

All welcome

**Not your usual area of work?**

gphis gives an opportunity to hear about public health work across the organisation.

**Interested in personal development?**

gphis can contribute to evidence for your CPD or KSF personal development plan.

Please respond to indicate your attendance at this event, to:

[lisabeattie@nhs.net](mailto:lisabeattie@nhs.net) or call 01224 558434 (internal 58434)

Watch for further details of gphis events on HI-Net at [www.hi-netgrampian.org/hinet/2910.4.420.html](http://www.hi-netgrampian.org/hinet/2910.4.420.html)

## NEW HEALTHPOINT IN ABERDEENSHIRE

In an exciting new development a new *healthpoint* is being opened at The Hotspot in Peterhead.

The Aberdeenshire Health Improvement Team and *healthpoint* staff have been working with the Reaching Out Project over the last 12 months to develop the *healthpoint* at The Hot Spot, 1-3 Kirk Street, Peterhead. The Hotspot is an award winning local community project already offering a range of community facilities including a café with free internet and PC access. It provided the ideal site for the new *healthpoint* service.

[Chris White](#), Buchan Area Manager, Aberdeenshire Council and Chair of the Local Community Planning Partnership is delighted with this new service. The development of the *healthpoint* is a great example of partnership working. Local residents and workers alike identified access to health advice and information as a local priority. NHS Grampian has worked closely with local partners to establish this service.

Cllr Anne Allan adds 'The *healthpoint* is a great asset. It will compliment the wide range of community facilities already provided at The Hotspot. Local people now have access to a wide range of information and support right on their doorstep'.

Jack Stuart, General Manager, Aberdeenshire Community Health Partnership officially opened the *healthpoint* on 12<sup>th</sup> January 2010. Local people were given to have a new year new you lifestyle check, a look at the *healthpoint* and meet the staff. Jack Stuart highlighted that 'The new service will play a key role in promoting health and wellbeing, self care and supporting health improvement in North Aberdeenshire'.

## LOCAL COMMUNITY PLANNING IN ABERDEENSHIRE

The six local community plans in Aberdeenshire bring together the key actions and projects of a number of public agencies for the next four years. Consultation events have been taking place across Aberdeenshire throughout 2009 to find out what the priorities are for local communities. This in turn will inform the development of the Local Community Plans, which are scheduled to be published in 2010. Each Local Community Plan has a section relating to health and well being priorities.

For more information regarding the Local Community Plans and links with health and well being please contact [Alexander Macleod](#), Corporate Policy Officer (Community Planning) on 01224 664308 or your Local Community Planning Officer:

Banff and Buchan	Fiona Alderson	01261 813305
Buchan	Steph Swales	01779483200
Formartine	Mark Mitchell	01358 726406
Garioch	Jill Sowden	01467 628338
Kincardine and Mearns	Emma Kidd and Karelia Wright	016569 768327
Marr	Hazel McLaren	019755 64804

### **Mary McCallum**

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# Give Kids a Chance

Give Kids a Chance has received the grand total of **£7,309.41** as a result of Christmas Fundraising from supporters across Aberdeen. Staff have held raffles, baked cakes, organised Christmas concerts and given donations instead of sending Christmas Cards. We send our special thanks to colleagues at **Denburn Health Centre, Woodside Medical Group, Links Medical Practice, Great Western Medical Practice, OT Dept at RACH and Summerfield House** for joining with our corporate sponsors and making Christmas 2009 such a successful fundraiser for the project.

Give Kids a Chance is a Grampian wide community partnership project providing support to some of the most disadvantaged young people in our area. The project enables young people to take part in social or leisure activities that help build confidence and self esteem by allowing young people the opportunity to develop social and practical skills. To view the project's latest Annual Review and Evaluation and Monitoring reports please visit:

<http://www.hi-netgrampian.org/hinet/2792.html>

A copy of the Give Kids a Chance Winter newsletter can be found on the project website at:

<http://www.nhsgrampian.org/gkac>

For more information on Give Kids a Chance please contact:

**Heather Wilson**

Denburn Health Centre, Rosemount Viaduct

Email: [heather.wilson2@nhs.net](mailto:heather.wilson2@nhs.net)

Extn: 55224

**see me** ○●○○

**PHOTOGRAPHY COMPETITION**

A Positive Frame of Mind 2009

'Be there. Be Yourself'

See Me Photography Competition can be accessed through News and Events on HI-Net:

<http://www.hi-netgrampian.org/hinet/5553.html>

**ABERDEEN CITY ALCOHOL & DRUG PARTNERSHIP (ADP)**

The Aberdeen City Alcohol & Drug Partnership (ADP) website is now live:

[www.aberdeencityadp.org.uk](http://www.aberdeencityadp.org.uk)



## Staff News

### Congratulations to:

- **Alison Munro**, Public Health Researcher – Public Health who started on 1st December 2009. Alison is in Room F133 and her contact details are [alisonmunro1@nhs.net](mailto:alisonmunro1@nhs.net) Extn 58661.
- **Katie Cunningham**, who joined the Health Improvement Team as Health Improvement Advisor – Oral Health on 29<sup>th</sup> September 2009. Her contact details are [katie.cunningham@nhs.net](mailto:katie.cunningham@nhs.net) Extn 58690.

### Staff Changes:

- **Carla Johnson** provides administration and secretarial support to Dr Lesley Wilkie, Director of Public Health and Barbara Smith, Business Development Manager. Carla is in Room F131 and can be contacted at [carlajohnson@nhs.net](mailto:carlajohnson@nhs.net) Extn 58536.
- **Diane Murray** provides administration/secretarial support to David Sullivan, Director of Corporate Planning /Jillian Evans, Head of Service, Health Intelligence and Team/Lorraine Scott, Service Planning Lead, Public Health & Planning and John Gallagher, Planning Officer. Diane's contact details are [diane.murray@nhs.net](mailto:diane.murray@nhs.net) Extn 58584.
- **Shona Proudfoot** provides administration/secretarial support to Health Care Team and Drs Jon Cresswell and Simon Hilton/Dr Linda Leighton-Beck, Head of Social Inclusion and Dorothy Ross-Archer, Keep Well Programme Manager. Shona is in Room G53 and can be contacted at [shonaproudfoot@nhs.net](mailto:shonaproudfoot@nhs.net)

### A Fond Farewell to:

- **Emily McCurrie**, Assistant Health Improvement Officer, Community Schools Network (Portlethen and Stonehaven) resigned from post effective 19<sup>th</sup> December 2009. For any queries regarding health improvement, please contact Fiona Murray, Public Health Co-ordinator [f.murray@nhs.net](mailto:f.murray@nhs.net) Telephone 01569 792 074.
- **David Sullivan**, Director of Corporate Planning retires in March 2010.
- **Jean Wood**, Secretary to the Director of Public Health who leaves in February 2010.