

PUBLIC HEALTH AND PLANNING UPDATE

ISSUE NO 59- JULY '09

Welcome to the July edition of the Newsletter. If you would like to contribute to future editions, please contact:

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MESSAGE FROM THE CABINET SECRETARY FOR HEALTH AND WELLBEING

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Material for the next PH/Planning Newsletter should be submitted no later than 18th August to
felinaemslie@nhs.net

"I've never been in any doubt that the men and women working in our NHS do a fantastic job. But over the last few weeks I've been particularly proud of how you've met the challenge of pandemic flu.

"None of us knew in the beginning just how this virus might develop or how it would spread. The treatment phase we're now in will bring different challenges but thanks to you, we now know much more about how the virus behaves, and how it's likely to affect people.

"Throughout the last few weeks, you have been the ones who have seen us through. Staff in hospitals, GP surgeries, NHS24, public health and health protection have stepped up and worked incredibly hard.

"It's no exaggeration to say the rest of the world also has good reason to be grateful. Thanks to you, Scotland has been able to offer the rest of the world an evidence base about this pandemic that they might not otherwise have had. We are all very grateful to you."

Nicola Sturgeon
Cabinet Secretary for Health and Wellbeing

NORTH OF SCOTLAND PUBLIC HEALTH NETWORK MEETING WITH THE SCOTTISH COLLABORATIVE FOR PUBLIC HEALTH RESEARCH AND POLICY (SCPHRP) – 3rd September 2009

A meeting shall be held on 3rd September 2009 by the North of Scotland Public Health Network with the Scottish Collaboration for Public Health Research Policy from 10.30 – 1.30pm at Aberdeen Exhibition & Conference Centre.

John Frank, SCPHRP Director and Sally Haw, Senior Scientific Advisor will speak about the Scottish Collaboration for Public Health Research & Policy (**SCPHRP**): Increasing public health capacity to develop and evaluate policies and programmes to equitably improve health.

Mission of the Scottish Collaboration for Public Health Research & Policy:

- To identify key areas of opportunity for developing novel public health interventions that *equitably* address major health problems in Scotland, and move those forward.
- To foster collaboration between government, researchers and the public health community in Scotland to develop a national programme of intervention development, large-scale implementation and robust evaluation.
- Build capacity within the public health community for collaborative research of the highest quality, with maximum impact on Scottish policies, programme and practice.

You can view more information about the event on HI-Net at the following links:

- A programme of the event
www.hi-netgrampian.org/hinet/files/AgendaNoSPHNSCPHRPMeeting3rdseptember2009.doc
- Overview of the Scottish Collaboration for Public Health Research and Policy – 19th February 2009
www.hi-netgrampian.org/hinet/files/SCPHRP_Overview_Feb19_09_JWF_FINAL-11.doc
- A booking form for colleagues wishing to attend the event
www.hi-netgrampian.org/hinet/files/BookingFormSCPGRP.doc
- A map with directions to AECC
www.hi-netgrampian.org/hinet/files/AECCrouteDirections.doc

Anne Whitcombe

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**UPDATED CONTACT LIST FOR
ABERDEEN CITY CHP STAFF**

The updated contact list for Aberdeen City CHP Staff can be accessed through People and Networks Area on HI-Net:

<http://www.hi-netgrampian.org/hinet/file/5090/AberdeenCityCHPPhTeamContacts.doc>

A GPHIS (Grampian Public Health Information Session) event took place on July 7th at Forest Grove House. The event aimed to enable us to develop understanding of the corporate vision and context, learn about the development of the strategic themes and consider where individuals fit in and how they can contribute. Richard Carey, Chief Executive, explained NHS Grampian's purpose, what we are working towards and our commitment to "taking pride in caring, listening, improving". He gave an insightful presentation on the Strategic Themes, and explained the cross cutting relationship with the six Programme Boards.

Interactive workshops, facilitated by key players from the themes and programmes, allowed further exploration and discussion of each of the themes. Participants discussed how Public Health currently contributed to the different areas, how Public Health could support the themes and how individuals could play a part.

You can view a full report and copies of presentations and background papers, on HI-Net at the following link: <http://www.hi-netgrampian.org/hinet/5126.html>

If you attended the event and have not yet completed an evaluation, please click the link below and take five minutes to give your views:

http://www.surveymonkey.com/s.aspx?sm=BoilCupu1ro2yOPGJVGSuQ_3d_3d

GPHIS Programme of Events

Recent GPHIS events have covered the topics of migrant health, supporting people with learning disabilities, and health behaviour change. Presentations and information are available on HI-Net. View these and keep a lookout for forthcoming events on HI-Net at: <http://www.hi-netgrampian.org/hinet/2910.4.420.html>

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Give Kids a Chance



SPREE books are available again from the Give Kids a Chance team at Denburn Health Centre. Books cost £23 each and are valid until 1st October 2010. **SPREE** Books offer great 2 for 1 or 50% off savings on restaurants, family dining, informal dining, leisure, health, beauty and general shopping opportunities in a variety of outlets in Aberdeen

and the surrounding area. For each **SPREE** book sold a donation of £4.00 will be made to Give Kids a Chance.

If you would like to order a **SPREE** book or would like more information please contact the Give Kids a Chance office on telephone number 01224 555224, Ext. 55224 or e-mail heather.wilson2@nhs.net **SPREE** books will only be available from Give Kids a Chance from 10th August – 4th September. Order now to avoid disappointment.

Heather Wilson

Give Kids a Chance Project Manager

Denburn Health Centre, Rosemount Viaduct

Aberdeen, AB25 1QB

Tel: 01224 555224 (Direct Line)

STEP CHANGE IN SAFETY SHARE FAIR EVENT – 24th JUNE 2009

The vision of the Step Change in Safety UK based partnership is to make the UK the safest Oil and Gas Exploration and Production province in the world through cooperation, collaboration, sharing and adoption of best practices and learnings.

Gillian Pocklington and Linda Davidson from the Workplace Team, Health Promotion and Alex Black, Healthy Working Lives Advisor, Occupational Health attended the annual **Step Change in Safety Share Fair** event at Pittodrie Stadium on Wednesday 24th June.

Over 200 people attended the Share Fair event, which focused on the sharing of industry best practice through networking and presentations. Gillian, Linda and Alex were present to provide information and resources on the **Healthy Working Lives** award programme.

The Healthy Working Lives award programme recognises employers who look after and promote the health of their staff. Organisations can be awarded for their commitment to health promotion, health and safety, employability, community and the environment in the workplace. There are Bronze, Silver and Gold awards and a Mental Health and Wellbeing commendation award.

For more information please contact:

Gillian Pocklington

Health Improvement Advisor

www.stepchangeinsafety.net

Email: g.pocklington@nhs.net

www.healthyworkinglives.com

Extn: 58446

HEALTH INFORMATION RESOURCES SERVICE

New publications are now available:



'When you're ill know who to turn to' leaflet

A matching set of posters is also available.



Important information on swine flu' leaflet

A swine flu poster is also available



'It's here! Contraception that lasts for years' leaflet

This leaflet gives the key facts about the three most effective types of long lasting contraception: the Intrauterine Device (IUD), the Intrauterine System (IUS) and the Implant.

Again, a matching poster is also available.

To order 

On web: www.nhsghpcat.org

Tel: 01224 (5)58504

Email: grampian.resources@nhs.net

Health Information Resources Service

NHS Grampian, Summerfield House

2 Eday Road, Aberdeen

AB15 6RE



Staff News

A warm welcome to:

- **Andrea Fraser**, Health Improvement Officer – Schools, Aberdeen City CHP. Andrea works on Mondays and Tuesdays and can be contacted in Denburn Health Centre andreamcityre@nhs.net Extn 55270.
- **Anna Gale**, Assistant Health Improvement Officer – Schools, Aberdeen City CHP, Denburn Health Centre. Anna works full time. Her contact details are annagale@nhs.net Extn 55281.
- **Samantha Finnie**, Waiting List Co-ordinator, Smoking Advice Service. Samantha is based in G27, Summerfield House and works all day on Mondays/Tuesdays and Wednesday mornings. Her contact details are samanthafinnie@nhs.net Extn 58723.
- **Fiona Thomson**, who returned to Summerfield House in mid July to take up the post of Hep C Trainer. Fiona can be found in room G78/80, on Ext 58695 fionathomson2@nhs.net

Congratulations to:

- **Cathy Coffield and Niall Young** on their wedding on 26th July.

HEALTH IMPROVEMENT OFFICERS – SCHOOLS



**Andrea
Fraser**

**Elaine
McConnachie**

**Ann
Gale**

Two new health improvement officers have recently been appointed to support health and wellbeing work within schools in Aberdeen City. Andrea Fraser and Anna Gale joined Elaine McConnachie; bringing the team up to 2 full-time equivalent posts.

A Health Promoting School is one in which health promotion is not only taught in the formal curriculum, but is re-enforced throughout all aspects of school life and through involvement with the wider community. A Health Promoting School aims to promote the physical,

social and emotional health and well-being of all pupils and staff and to work with others in identifying and meeting the health needs of the whole school and the wider community.

The Health Improvement Officers are joint funded by Aberdeen City Council and NHS Grampian and support the health promoting school concept within Aberdeen City (contact details above). The posts also aim to work in partnership with others in developing and implementing city wide health initiatives in schools, including staff training and development.

The Scottish Executive set a target for all schools to become Health Promoting Schools. To support this, a Grampian accreditation scheme was developed in conjunction with a national accreditation framework. Implementation of this accreditation scheme is currently underway in schools across Grampian.

More recently the Scottish Government passed the Schools (Health Promotion and Nutrition Scotland) Act 2007. The purpose of the Act is to ensure all schools are health promoting and imposes regulations on all food and drink served in schools. The health improvement officers are supporting the implementation of this act and ensuring health promotion is mainstreamed within all schools.

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(Works Tuesday, Wednesday and Thursday)