

PUBLIC HEALTH AND PLANNING UPDATE

ISSUE NO 47 – JULY '08



Welcome to the July edition of the Newsletter. If you would like to contribute to future editions, please contact:

felinaemsle@nhs.net



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NHS Grampian *healthpoints*' Campaign Information August – October 08

Sexual Health – 1.08.08 – 31.08.08 - Incorporating the Family Planning Association Sexual Health Week 4 – 10 August 2008

The *healthpoints* will promote the availability of free condoms at the *healthpoints*. They will also highlight the Family Planning Association Sexual Health Week: "Supporting the sexual health needs of people with learning disabilities to allow them to engage in relationships in a safe and supported environment."

The *healthpoints* can offer free, confidential advice and information on local sexual health services. The *healthpoints* also stock a variety of condoms and a wide range of sexual health leaflets and information free of charge.

Recruitment – 01.09.08 – 30.09.08 - The *healthpoints* will be highlighting the variety of posts which the NHS has to offer.

Breast Cancer - 01.10.08 – 31.10.08 - The NHS Grampian *healthpoints* are helping to spread the breast awareness message to as many people as possible by highlighting Breast Cancer Campaign's **wear it pink**.

Breast Cancer is now the most common cancer in the UK, so it is important that we all understand how to be Breast Aware.

For more information on any of the above call the **free healthline** 0500 20 20 30, call in to our *healthpoint* in Aberdeen Indoor Market or High Street Elgin

NHS Grampian *healthpoints* offer a **free** and **confidential** service.

We provide advice or information on:

- Your health
- Practical ways to improve your health
- Support groups and organisations
- How to access NHS services
- Jobs in NHS Grampian

Visit

Pop in to our *healthpoint* in Aberdeen Indoor Market or High Street Elgin

Phone

Our **free healthline** 0500 20 20 30

Email

healthpoint@nhs.net



SPREE BOOKS are available from the Give Kids a Chance from 6 August 2008. Order your copy now. Books cost £23 each and are valid until 1 October 2009. **SPREE** Books offer great 2 for 1 or 50% off savings on restaurants, family dining, informal dining, leisure, health, beauty and general shopping opportunities in a variety of outlets in Aberdeen and the surrounding area.

The Give Kids a Chance project will receive a donation of £4.00 for each book sold. If you would like to purchase a **SPREE** book please contact heather.wilson2@nhs.net or telephone the Give Kids a Chance project on 01224 555224 (Extn 55224) to place your order.

Give Kids a Chance provides disadvantaged children and young people from across Grampian with access to a range of sport and leisure based activities.

By providing access to hobbies and activities, and making introductions to appropriate role models and mentors, young people will be encouraged to build their confidence and self esteem and make positive lifestyle choices.

Heather Wilson
 Project Manager, Give Kids a Chance
 Denburn Health Centre
 Email: heather.wilson2@nhs.net
 Tel: 01224 555224 (Extn 55224)

STAFF NEWS

Aberdeen City Public Health Team, based at Denburn Health Centre, said a sad farewell on Friday 4 July to:

Nicola Robertson, Health Improvement Officer – Schools, who successfully stepped in to cover Elaine McConnachie’s maternity leave. Nicola has now returned to a teaching post.

Maureen Yeats, Baby Think it Over Co-ordinator.

Maureen, despite only having a short time in the post, has developed the project and encouraged schools and multi-agency professionals within Aberdeen City to engage in this project. The post will be re-advertised in the near future.



Both will be missed and the team acknowledged their appreciation with dinner at the Stage Door on 4 July presenting both with a gift.

Many thanks for their hard work and all our best wishes go to them both.

Anna Britain, Administrator
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New Starts:

- **Sharon Royan** is now the Childsmile Co-ordinator for Moray (secondment for 6 months).
- **Susan Thom** has been appointed Health Information Assistant/Lead Sexual Health Nurse - Sex Made Safe (SMS) at Elgin *healthpoint*.

Welcome Back to:

- **Susan Webb**, who returned to her post as Deputy Director of Public Health on 14 July 2008 after maternity leave.

Staff Changes:

- **Morag Hamil**, Change and Innovation Programme Manager, will join the Public Health Directorate in August '08 as Condition Management Programme Director.
- **Laura Kluzniak** has been appointed as Project Manager for HPV Immunisation Programme, and is based in Summerfield House, Room F137
laura.kluzniak@nhs.net
- **Rachel Thompson** has been appointed to the post of Assistant Health Improvement Officer (Schools) in Moray. Rachel worked as a Health Information Assistant for 4 – 5 years and currently holds the post of Co-ordinator for the Mobile Information Bus.

Congratulations to:

- **Richard Carey**, NHS Grampian Chief Executive who has been announced as a recipient of the prestigious award of Companionship of the Institute of Health Care Management. A maximum of only 2% of IHM members are able to hold Companionship status, and in order to be eligible must have made a “significant sustained contribution” to healthcare management. Richard entered the NHS as a management trainee in 1981, has been a member of IHM for 20 years and is well known to managers across Scotland, and beyond, for his regular contributions to training and education events. He was unable to travel to the London ceremony to receive his award in person and will be presented with it at the IHM Scotland conference dinner on Monday, 20 October.

A fond farewell to:

- **Jill Smith**, Smoking Advice Service Advisor who leaves on 25 July 2008.

Get Well:

- Best wishes to **Dr Diana Webster**, Consultant in PH Medicine, who is steadily recovering in Aberdeen Royal Infirmary from a road traffic accident in June '08.

Material for the next PH/Planning Newsletter should be submitted no later than 21 August '08 to felinaemslie@nhs.net